

Faith For Today

OUR VISION

We empower positive spiritual change in our world.

OUR MISSION

Unity San Diego supports people's spirituality and challenges them to **grow** in awareness, be **love** in action and **serve** our community.

From the MINISTER'S HEART

Rev.
Blair
Tabor



Dear Breather of Spirit,

Watching the wind stir the leaves on the trees, I imagine Spirit as it moves in all things to propel them forward. Some leaves are blown around, some hang on the tree, some are collected and treasured.

When the Spirit moves, some of the things of our lives are blown around. We may strive to keep everything in our preferred order, but Spirit is rearranging our lives according to It's order and It's loving purpose.

Even the things that remain in our lives, we will perceive in new ways. As infinite wisdom breathes insight and understanding into our minds, our lives will expand to larger boundaries of giving and receiving, larger arenas of creativity and love.

Through it all, we learn to treasure the gifts of the moment. Memories of a blessed past, glimpses of the unfolding future, all join and fold together in the light of this moment. As Spirit moves and breathes in your life, embrace a sense of delighted fullness and say "Thanks!"

Joyous in the Spirit,

Blair Tabor, minister

Rev.
Evelyn
Foreman



LETTER FROM A BOARD MEMBER

I remember the first time I was asked if I would like to become a board member, I said I would think about it. A few days later I said, "yes." My first meeting I will never forget all the things that were going through my mind for example "Is this something I can do?" But right away, what impressed me most was how well this group of people worked together. It is truly a blessing to be in the company of like-minded people that have inspired me to expand my mind, and my vision on how the church operates. One of the things that impressed me most was the process in hiring Evelyn Foreman as our new Associate Minister, who is a true blessing to our church community. I do look forward to working on future projects with Evelyn and our current board members in building a stronger church community. I would like to take the time to thank Meredith for her active role in organizing "gal's night out", and all of the various trips, local and overseas that our members have enjoyed.

"If I don't live with the expectations of God's favor, when the opportunity comes I could easily miss what God sent."

Thank you for SERVING.

Viola Scott, Board Member

CONNECT

with Unity

To continue receiving
our newsletters,
you MUST sign up online.

www.UnitySanDiego.org/eNews

We are GOING GREEN!
Going forward, our newsletters will
only be issued in electronic form

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San Diego
a spiritual community

3770 Altadena Avenue, San Diego, CA 92105
Office & Bookstore (619) 280 - 2501
Prayer Ministry (619) 282 - 7609
Daily Word Line: (619) 281 - LOVE (5683)
Church Email: ccu@UnitySanDiego.org
Prayers: PrayerMinistry@UnitySanDiego.org

Youth MINISTRY

YOUTH MINISTRY CLASSES, 11am Sundays

Nursery 9am & 11am, Education Building | Children of all ages welcome

Toddlers through teens explore Unity Principles at an age appropriate level using metaphysical interpretations of the Bible & other resources. We creatively experience these lessons through music, science, drama, art and games. This "Living Curriculum" is designed to provide children with a "spiritual toolbox" that they can use throughout life.



It was a phenomenal summer! Our Star Wars program, "May the Force Be with You" was a huge success! The entire church learned that we are not that much different than Luke Skywalker. As we followed Luke in his journey, we also followed one of our own - A journey where we moved through old ideas and beliefs that no longer served us, stepping through our respective comfort zones and finding new positive Truths about ourselves and our peers. We learned that we truly are the heroes of our own life. What an amazing discovery!

This year our Fall Festival will be held on Sunday October 25th. Along with great carnival games, a delicious cakewalk, the old-time favorite - balloons and darts and our new favorite - pie eating contest, a face painter and a costume contest for ALL AGES. Please come dressed to win. There will be winners in all age groups and everyone participating will earn a prize. Please join us in a day full of fun and fellowship. If you would like to volunteer at our Fall Festival, please contact me at (619) 218-6135 or by email: karlalightner@gmail.com.

Love & Blessings!

Karla Lightner, Youth & Family Ministry



Youth & Family Ministry Calendar

Sun., 09/13: Star Wars Song Contest
Bring your best Darth Vader, C3PO & R2D2 voices to compete in our Star Wars Song Contest. We'll have prizes for contestants & FREE ice cream cones for all!

Sun., 09/20: All Church Picnic
We'll have yummy food, entertainment, a balloon maker, raffle and silent auction with a special selection of children's prizes.

Sat., 10/16 - 10/18: Y.O.U. Fall Rally
Teens in grades 9-12 from CA, AZ & NV will be attending the SW Regional Event in Prescott, AZ.

Sun., 10/25: Fall Festival
Eat, have fun, play games, & participate in a costume contest for all ages. Support our fundraiser for the Youth & Family Ministry Department.

Western Service Workers Association THANKS YOU for Backpacks in August Drive

Once again Unity San Diego came forth with an outpouring of backpacks & school supplies during our August collection period!

Our next drive in Nov 2015 will focus on turkeys!!
Contact Aline | Aline@UnitySanDiego.org
(619) 280-2501, ext.133

SUPPORT UNITY SAN DIEGO with SCRIP GIFT CARDS

Purchase SCRIP cards (shopping gift cards) & use like cash. Our community benefits from purchases you would make anyway & it won't cost you extra. A variety of SCRIP cards to gas stations, grocery, department & super stores available.
Full Details at: UnitySanDiego.org/Scrip

RALPHS SHOPPERS: It is time to re-enroll your Ralphs Reward Card, so that our church will continue to receive a cash reward for your shopping. Do it yourself at Ralphs.com or see Meredith. You must re-register on or after Sept. 1, 2015! Complete instructions at: UnitySanDiego.org/Scrip

UnitySanDiego.org

Unity San Diego, 3770 Altadena Avenue, San Diego, CA 92105 (619) 280.2501


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MINISTERS
Reverend Blair Tabor
Reverend Evelyn Foreman

Please Note:

This information is only current at the time of printing. All Classes & Events are subject to change without notice. For accurate & up-to-date postings, please visit:

UnitySanDiego.org

Ongoing Groups

Everyone Welcomed!
(619) 280-2501

SUNDAYS

1st & 3rd: Fellowship Sundays
Announcements in Bulletin

10:30am: A Course in Miracles
Tower, 4th Floor

MONDAYS

7pm: Narcotics Anonymous
Wrigley Hall

2nd & 4th Mondays
10 am: Arts & Crafts Group
Tower, 4th Floor

TUESDAYS

4th Tuesdays
1pm: Feeding America
Large Parking Lot

4th Tuesdays
7pm Prosperity Plus Group
Tower, 4th Floor

WEDNESDAYS

11 am: Prayer Meditation
Tower, St. Luke's Chapel

2nd Wednesdays
12:30pm Fellowship Potluck
Wrigley Hall

THURSDAYS

7pm: Music Ministry Rehearsal
Main Sanctuary

UnitySanDiego.org

Come Worship with Us *Everyone's Welcome!*

SUNDAY CELEBRATION SERVICES

9:00 am & 11:00 am
Main Sanctuary

Youth & Family Ministry

9am & 11am Nursery
11am Youth Ministry

Visit: UnitySanDiego.org for an Up-to-Date Calendar

Following Each Service: Fellowship & Gathering @Wrigley Hall

September & October at Unity

We declare October as *Love in Action* Month at Unity San Diego!
Look for ways & opportunities on how you can participate & be *Love in Action*.

Ralphs Re-Register

Due 09/01 (Scrip Program)
Contact: Meredith@UnitySanDiego.org

Leadership Info Session

Sun., 09/06, After 2nd Service
Tower, 4th Floor

Meditation Practice

Sun., 09/06 12:45pm - 1:45pm
St Luke's Chapel (Tower)

World Day of Prayer

Thurs., 09/10, Noon & 6pm
Main Sanctuary

September Gals Day Out

Sat., 09/12
Coronado Tour

Star Wars Event - YFM

Sun., 09/13 12pm - 1pm.
Lukes' Chapel (Tower)

All Church Picnic

Sun., 09/20 12pm - 2pm
Wrigley Hall

September Board Meeting

Wed., 09/23, 7pm
Tower, 4th Floor

Auditions: Fall Follies

Sun., 09/27, 1pm
Main Sanctuary

Annual Book Sale

Sun., 10/04, 8am - 1pm
Wrigley Hall

Fall Follies Extravaganza!

Sat., 10/10, 6:00pm
Wrigley Hall

iYOU - Youth Rally - YFM

Fri - Sun., 10/16 - 10/18
Prescott, Arizona

Relationships: Dr. Greene

October 18, 1pm
St. Lukes' Chapel (Tower)

Leadership Info Session

Wed., 10/21, 6:00pm
St Luke's Chapel (Tower)

Newsletter Mailing Party

Thur., 10/22, 9am
Tower, 4th Floor

October Gals Day Out

Sat., 10/24, 5pm
Maya Hidden Worlds

Fall Festival

Sun., 10/25, 12pm
Wrigley Hall

October Board Meeting

Wed., 10/28, 7pm
Tower, 4th Floor

Photo Courtesy of Michael Barry

September 2015

Classes

Prosperity Plus II: 09/15 - 11/17 (Tuesdays, 7pm)
Spiritual Gifts Discovery: 09/27 - 11/01 (Sundays, 1pm)

October 2015

Prayer Ministry: 619.282.7609 | PrayerMinistry@UnitySanDiego.org | Daily Word: 619.281.LOVE (5683)
Unity San Diego 3770 Altadena Avenue, San Diego, CA 92105 (619) 280.2501

Sunday Lessons

Sep 06: "Choose to Champion Your Best Self" | Rev. Blair
Sep 13: "From Goo to Good" | Rev. Blair
Sep 20: "Stories of Life After Death" | Rev. Blair
Sep 27: "Religion, Rebellion & Resonance" | Rev. Evelyn
Oct 04: "The Gift of Your Spiritual Journey" | Rev. Blair

Join us in a journey of discovery of the many sacred paths to God as we celebrate *Love in Action* this autumn



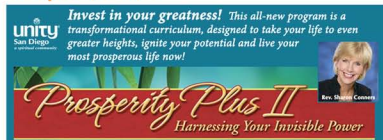
"Sacred Paths to God"
2015 Autumn Talk Series
Rev Blair & Rev Eve
Sunday Celebration Services - 9am & 11am
unity
Rev. Blair Tabor & Rev. Evelyn Foreman, MDiv.

"Sacred Paths to God" A 4-Week Talk Series to support the Spiritual Gifts Discovery Course

Oct 11: "In Love With God" | Rev. Blair
Oct 18: "The Practice of Spiritual Alignment" | Rev. Evelyn
Oct 25: "The Sacred Intellect in Service" | Rev. Blair
Nov 01: "Sacred Selfless Service" | Rev. Evelyn

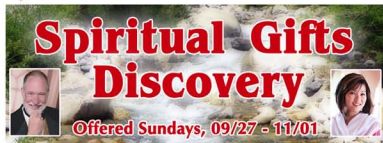
Spiritual Enrichment Classes

Prosperity Plus II



Invest in your greatness! This all-new program is a transformational curriculum, designed to take your life to even greater heights, ignite your potential and live your most prosperous life now!
Prosperity Plus II
Harnessing Your Invisible Power
Rev. Sharon Conners

Spiritual Gifts Discovery



Spiritual Gifts Discovery
Offered Sundays, 09/27 - 11/01

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3770 Altadena Avenue
San Diego, CA 92105

Prayer Ministry: (619) 282-7609
Wednesday Meditation 11am
PrayerMinistry@UnitySanDiego.org
Daily Word Line (619) 281-LOVE (5683)

Discover Spirit's Call on Unity.fm

Listen at: UnityOnlineRadio.org/TheCallOfSpirit

Tune In Anytime: 24/7 ~ New Episodes, Wednesdays @ 1pm PST



Our very own, Rev. Evelyn Foreman is host to "The Call of Spirit: Tune In to Possibility" on Unity's national radio broadcast. Join her & her amazing guests in open-hearted, conscious, connected conversations about defining moments of clarity and insight. TheCallOfSpirit.com

The Call of Spirit: Tune In to Possibility is Proudly Sponsored by Unity San Diego

Meditation Practice with Rev. Blair

Sunday, 09/06 | 12:45pm
St. Luke's Chapel (Tower)



Facilitator: Rev. Sharon Conners
Tuesdays, 09/15 - 11/17
7pm - 9pm | St. Luke's Chapel

We invite you to expand your experience of abundance, love, and joy through Prosperity Plus II: Harnessing Your Invisible Power. Learn: how to access the power within you to create more abundance in every area of your life; A process to breakthrough hidden barriers to success; A formula for taking action ...& much more!

Facilitators: Rev. Blair Tabor & Rev. Evelyn Foreman
Sundays, 09/27 - 11/01 | No Class 10/25
1pm - 3pm | St. Luke's Chapel | SEE Credit Approved

Embark on an enlightening, soul searching 5-week journey to find your true authentic self and it's unique expression. Discover your natural gifts and how that connects in a greater context to core values, sacred service and spiritual development, maximizing your capacity to grow and thrive. (10/18 Class in Tower, 4th Flr)

MINISTRY LEADERSHIP DEVELOPMENT PROGRAM

unity
Worldwide Ministry Member
SEEDS OF CONSCIOUSNESS
Facilitated by Rev. Evelyn Foreman, M.Div.

This LEADERSHIP DEVELOPMENT PROGRAM is for current & aspiring leaders interested in:

- Continuing Service to our Community
- Deepening Faith & Spiritual Consciousness
- Awakening Personal & Spiritual Transformation
- Teambuilding, Development & Leadership

Follow Spirit's calling and deepen your awakening journey in this transformational program to expand your awareness of God's ever-present good.

LEADERSHIP INFO SESSIONS

Sept: Sun., 09/06, After 2nd Service (Tower, 4th Floor)

Oct: Wed., 10/21, 6:00pm (St. Luke's Chapel, Tower)

Please RSVP: RevEve@UnitySanDiego.org

Applications Due: Dec 1

Complete Details & Info: UnitySanDiego.org/Leadership-Development-Program

Happenings at Unity

Details & Updates:
UnitySanDiego.org

If you are called to be in service, we need your loving hands to help at the events below:

Opportunities at: UnitySanDiego.org/Sacred-Service

Annual Picnic | Sept 20th

Following 2nd Service, Wrigley Hall

Bring a dessert & join us in a delicious feast catered for omnivores & herbivores alike by Phil's BBQ. Festivities will include the musical talents of Mike and Jean Stewart as "Le Jazz Hot," balloon making for kids, a raffle & silent auction. Donations for raffle are currently accepted. Adults \$10 / Kids \$5. Contact: Meredith Tabor
Meredith@UnitySanDiego.org | (619) 280-2501 ext 109.

Annual Book Sale | Oct. 4th

8am - 1pm, Wrigley Hall

The sale is on a love offering basis. Proceeds support our wonderful community & library. Drop donations of books, CD's & DVD's in Wrigley Hall on 09/27 (Before & after both services) and on 09/28 through 10/01 (9:30 - 2:30pm).

Fall Follies Extravaganza | Oct. 10th

6pm, Wrigley Hall (Auditions 09/27 Sanctuary)

Calling all singers, dancers, poetry readers, instrumentalists! Our annual fundraiser is BACK! ...dust off your dance shoes, brush up old jokes, & get ready to be a star! The auditions are open to anyone of all ages. You need not attend Unity San Diego to participate! Tickets will be sold that include dinner & entertainment starting 09/20.

Auditions: September 27, 2015 | 1pm | Main Sanctuary
Contact: Maria | maria_garcia7952@yahoo.com | 619.920.6082

Community Forum | Oct. 18th

Between Services, Wrigley Hall

Enjoy Brunch as our board shares an update on church activities.

Volunteer Appreciation | Nov. 1st

After Both Services, Wrigley Hall

Our board is hosting Brunch Sunday! You are invited to help us thank & celebrate all in sacred selfless service to our community! Come enjoy the food and the fellowship.

Gals Day Out

Contact: Meredith Tabor | Meredith@UnitySanDiego.org
(619) 280-2501 ext 109

Coronado Tour | Sat., Sept 12th

We will be taking a leisurely 90 minute guided stroll by the Coronado Historical Society through this famous playground of Presidents and Princes. From stately mansions to the old Tent City, to the Hotel del Coronado, you won't want to miss recounting over one hundred years of remarkable history! Cost is \$12. Lunch to follow. Tour begins at 11am. Meet at 10am at Unity, carpool leaving 10:15am.

UnitySanDiego.org

Unity San Diego 3770 Altadena Avenue, San Diego, CA 92105 (619) 280.2501



Unity Celebrates
WORLD DAY of PRAYER

THURS., SEPTEMBER 10, 2015

Unity students around the world pray together on this special Thursday. Join your Prayer Ministry in praying for yourself & others on this powerful day of connection.

Charles Fillmore said, "The affirmation of any good statement of health puts us in conscious contact with The Christ Mind universal and quickens and releases the energy stored up in the subconscious mind, and the process of rejuvenation begins its work."

Each Wednesday of the month at 11 am, join us in St. Luke's Chapel for a prayerful 40 minute meditation. We look forward to praying with you.

Many blessings of love and peace, Your Prayer Ministry

Save the Date: Nov. 08 Screening of the movie
"The Power of the Heart"

"Did You Know...?"

You can help ensure the financial future of our church by planning a gift in your estate. There are many tax-advantageous methods to secure your estate for your heirs and support our church.

If you plan to include our church in your estate, or on a deed of trust, insurance or any other vehicle, please use the full name and address of our church: Christ Church Unity, San Diego, 3770 Altadena Avenue, San Diego, CA 92105.

Complete details & registration available Online:

www.UnitySanDiego.org/events

Or Visit Meredith at the Scrip Table | Wrigley Hall

Maya Hidden Worlds | Sat., Oct., 24th

We will be exploring the richness of Mayan culture at the the San Diego Natural History museum learning about the fascinating social, natural, & spiritual realms of the ancient Maya society. Enjoy this rare opportunity to examine centuries-old authentic artifacts, traditions, & worldview. Tickets: \$23 (adults) \$21.50 (seniors). Lunch to follow. Tour starts at 10am. Carpool leaving 9:45am from Unity.

www.UnitySanDiego.org

October 2015, A Month of

unity[®]
San Diego
a spiritual community

Love In Action

**We are Dedicating October to Consider
In Spiritual Community the Many Ways We Live As
*Love in Action.***

Sunday Celebration
Services ~ 9am & 11am

"...Let us love, not in word or speech, but in truth and action." 1 John 3:18 (NRSV)

Seva

Seva is selfless service as a devotional practice of deepening our relationship with Spirit. Sacred Service is a philosophy of service based upon knowing that each of us brings gifts & life experience into our spiritual communities. Together, we experience meaning & purpose in our lives & to know that we are making a difference in the lives of others.

We Need You! Volunteer service is the backbone of our spiritual community.

We believe that being in service enhances our own experience of living an abundant & meaningful life. There are many opportunities to serve our spiritual community as well as our local community & beyond.

We have immediate needs for Sacred Service Angels in the following areas:

Sunday Teams: Ushers/Greeters/Welcome Ambassadors & more!

Weekday Teams: Office Angels, Campus Beautification Team & more!

Events Teams: Church Picnic, Fall Follies, Book Sale & more!

Outreach Ministries: Colina Del Sol Park Festival, Feeding America & more!

Call (619) 280-2501 for immediate needs or visit our website for opportunities: UnitySanDiego.org/Sacred-Service

THANK YOU

For your selfless sacred service to our community.
We acknowledge & honor the Christ Within
that works in, through and as you.

July Volunteer of the Month: KEN FENDRICK

We are truly blessed by the energy & enthusiasm that Ken's shares with us in his volunteer commitments. Ken just completed his term as President on the Board of Directors. He has shared his musical talents as DJ at the sock-hop, the Anniversary Gala & in the choir & on the music team! Ken was a server and auctioneer at this year's Annual Tea & Picnic. Ken & his wife Alison have also graciously opened their home to host church dinners. Thank you Ken, for all that you do to support our spiritual community!

August Volunteer of the Month: TOBI PAVLAS

Tobi blesses us with her many talents & we are grateful for her willingness to be in Sacred Service. Tobi has served at Friendship & Brunch Sundays, memorial receptions, our annual Spring Tea & in community outreach at the Feeding America food distribution. Tobi fills in at the Scrip table & has recently joined our weekday Office Angels Team! Tobi is amazing and we are so blessed for her presence. Thank you Tobi, for generously sharing your time & talents in Sacred Service!