

# Faith for Today



**OUR VISION** We envision positive spiritual change in our world.  
**OUR MISSION** To empower better lives through spiritual transformation.

## From the **MINISTER'S HEART**

Dear Congregation,

Last month, I announced that June 24th will be my last Sunday as minister of our church. Spirit is guiding Meredith and me to release this part of our lives and step into some new directions. We have a whole range of feelings, as we are sure many people have. It will be a change, but Spirit is guiding us all through the change with greater blessings in store.

It is time for new energy and direction. Our board and the Vision Keepers Team are following the guidance of Unity Worldwide Ministries. They will invite a Unity Minister who is a Transition Ministry Specialist to serve our church for a minimum of 6 months and then launch into a search for the next minister. I invite you to be in prayer for wisdom, and guidance for all, throughout this process.

It has been an honor and a blessing to serve our church for over 30 years.

I know God has new good in store!

Bountiful blessings!

A handwritten signature in cursive that reads "Blair" with a small heart symbol above the 'i'.

Blair Tabor, minister

## Letter from Cathie Robertson, Board President

As you know by now, Reverend Blair is retiring. The board has known this for some time and have been working on your behalf to make this transition as smooth and positive as possible. We are fortunate that Reverend Blair has given plenty of time to prepare for this change.

Since we knew this was coming, it was decided that we would follow Unity Worldwide Ministry's vision and move from Minister centric to mission centric church. Unity calls this the thriving ministry model, which starts with a commitment to the well-being of the church. Simply put, it moves from the "parenting" by a minister to "partnering" with one, in order for members to have a greater feeling of ownership consciousness and then the church grows in operational coherence.

We have been preparing for this change in a number of ways including starting a Vision Keepers team, giving staff more input, training a leadership group and starting small groups. These will all help in the transition process.

In the next few weeks we will begin the process of letting Unity Worldwide Ministries know that Reverend Blair is retiring. We will begin the process of consulting with the Transitional Minister team who will help us figure out what we need for our transition from Reverend Blair to our next minister. This will provide us an interim minister for a period of 3 to 6 months while we have those professionals help us find the right fit for us.

We know we have a lot of work ahead, but our focus from now until June 30th is to celebrate Reverend Blair and Meredith. We have some good ideas which are already in the works and we are open to more suggestions, so let anyone on the board know your ideas. We will be celebrating Blair and Meredith on Saturday, June 23rd, to wish them well on their new journey. Tickets will go on sale in early March, so please join us!

Cathie Robertson  
Board President

# Youth MINISTRY

Youth Ministry Classes - 11am Sundays  
Child care only - 9am

*Hello everyone...*

Isn't it wonderful to see so many families at church? Our Youth Department is steadily growing, and I have seen many new faces in the Sanctuary and in Wrigley Hall each Sunday. Unity San Diego is a loving spiritual community that is perfect for all ages and I am overjoyed that so many people consider it their spiritual home.

We are working hard in the Youth Department to live Unity San Diego's Mission Statement:

**"Our Mission: To empower better lives through spiritual transformation."**

Our children are supported spiritually and challenged to grow in awareness by learning Unity principles and teachings each Sunday. We are love in action when we serve the congregation breakfast. We serve our community as we put together food for the homeless in March and plan ways to keep our neighborhood clean. This is all part of Unity in action as we live our church's vision statement:

**"Our Vision: We envision positive spiritual change in our world."**

On Sunday, March 11th from 10am-1pm we will have class for all ages at Chollas Lake Park. We will be holding a **Jog-a-thon** in an effort to raise money for 4 teens to attend the International Youth of Unity (IYOU) convention at Unity Village in July. There will be plenty of adult supervision and parents are welcome to attend the jog-a-thon along with their children. If you would prefer your child stay at church, the children's classroom will remain open.

If you feel you have gifts, talents or anything interesting you would like to share, even just once with our children, please **call me at 619-218-6135, or email me at karlalightner@gmail.com.**

Love & Blessings  
Karla Lightner  
Director of Youth Education

## Youth & Family Ministry Calendar

**Jog-a-Thon** = Sunday, March 11th, 10am-1pm

Held at Chollas Lake, our youth will help raise money for our teens to attend I Y.O.U. (International Youth of Unity) along with Unity youth in grades 9-12 from around the world. Our goal is \$4,000.

**Easter Egg Hunt** = Sunday, April 1st at 12:15pm

(On the grass between the Educational Building and Wrigley Hall). Children age ten and under are invited to join our **Annual Easter Egg Hunt**. Kids over age ten are invited to participate in their own exciting scavenger hunt. We need donations of plastic eggs and packaged candy. Please drop off donations in the hallway by the library.

**S.W. Youth of Unity Official Rally** =

**Friday-Sunday, April 27th-29th** The annual Y.O.U. Official Rally will be held at Unity of Mesa in Mesa, Arizona this year. Teens from California, Arizona and Nevada will gather to fellowship, seniors will graduate and new Regional Reps elected at this and learn more about Unity.

# Prayer MINISTRY

## Blessings of this Lenten Season

As we pray together this Easter season, let your hearts overflow with the wonder of Spirit's love for each of us. Return repeatedly to the land of your soul for rest, peace and guidance.

We offer this prayer for you this month:

*I let go into God. I let my mind be filled with love, joy and peace. I begin this season of Lent by letting go of everything not of the Truth. I release from my mind, my body, and my spirit. I go deeper into my spiritual practices of prayer and meditation. I give up false ideas and beliefs of duality. I meditate to purify my mind and emotions. I awaken to my true self in Spirit and I walk in Truth with God. I am one with the One. And so it is. Amen.*

Join us in prayer and meditation now returning to the second Wednesday of each month at 11am in St. Luke's Chapel, March 14th and April 11th.

Many blessings of love, Your Prayer Ministry

## Sacred Service

### Thanks for February WSWA Food Drive

February contributions to Western Service Workers Association helped many over the colder months of winter to supplement their food supply. WSWA is an all volunteer association comprised of service workers, domestic workers, temporary workers and other low-paid seasonal workers who together form an independent, unincorporated, private membership association in San Diego since 1977. Our donations can help many. Watch for bulletin announcements for the next drive in Wrigley Hall in May. **For more information, please contact Aline King at 619-280-2501, ext. 133.**

**The 2018 Unity Interfaith Shelter** still needs your help! This year between Sunday afternoon, March 25th and Sunday morning, April 8th, your loving help is needed for the shelter. It takes over 60 volunteers to run our splendid shelter!! Call the numbers below to volunteer.

We still need volunteers to provide service to the guests by supporting their needs in the evening and staying with them overnight and providing assistance with their departure in the morning. Weekend help with laundry transportation is also needed. We also need set-up help on Saturday, March 24th and tear-down help on Sunday, April 8th. Mandatory Training dates for all volunteers are at 10am in St. Luke's on Sundays, March 4th or March 18th. Please attend one for information and updates.

**Please Note:** Because of the Hepatitis A outbreak in San Diego, the law counsel, R.L. Dreher, for Interfaith Shelter Network says "Given this 'public health emergency,' I believe and recommend that IFSN can and should require that its participants, hosts, volunteers, and beneficiaries be vaccinated for Hep-A before availing themselves of IFSN's facilities and services." (Wrigley Hall bulletin board has full report.)

If you are willing to help in any way during the two-week session, please **contact Aline King at 619-466-2388 (sleepover) or Sharla Barry at 619-339-0644 (food sign-ups) or Mike Barry at 619-339-2496.** Many thanks!!



**SUNDAY CELEBRATION SERVICES**  
9am & 11am | Main Sanctuary

**Youth & Family Ministry**  
11am Youth Ministry Classes  
(Childcare only at 9am)

**MINISTER**  
**Reverend Blair Tabor**

Ongoing Groups  
Everyone Welcome!  
(619) 280-2501

**Please Note:**  
This information is only current at the time of printing. All Classes & Events are subject to change without notice. For accurate & up-to-date postings, please visit:

**SUNDAYS**

1st Friendship Sunday and 3rd Brunch Sunday. Announcements in Bulletin  
A Course in Miracles 10:30am, in the Tower, on the 4th Floor

**MONDAYS**

Arts & Crafts Group 2nd & 4th Mondays, 10am Contact Pat Case

**TUESDAYS**

Feeding San Diego 4th Tuesday, 1pm Large Parking Lot  
Recovery & 4T Prosperity Program 1st & 3rd Tuesdays, 7pm in the Sanctuary

**WEDNESDAYS**

Prayer Meditation 2nd Wednesday, (March 14th & April 11th) at 11 am in the Tower, St. Luke's Chapel

**THURSDAYS**

Choir Practice 7pm in St. Luke's Chapel  
Yoga with Tamara 7pm in the Sanctuary Narthex

Prayer Ministry Hours  
Noon to 9pm, Monday to Friday

**UnitySanDiego.org**

**Unity San Diego Calendar**

**March 2018**

**StoweGood Sunday** - Sunday, March 4th, Both services & 1pm workshop

**Arts Crafts St Patrick's & Easter/Spring Mini Sale** - March 4th & 18th, 10am-1pm in Wrigley Hall

**Mandatory Training Interfaith Shelter** for all volunteers - Sundays, March 4th or March 18th 10am in St. Luke's

**StoweGood** - Both services Sunday, March 4th, **Workshop** - Sunday, March 4th, 1pm & **Concert** - Monday, March 5th, 7pm in the Sanctuary

**Daylight savings** - Spring Forward - Sunday, March 11th

**Youth Jog-a-thon** - March 11th from 10am-1pm

**Tea Meeting** - Sunday, March 11th, 10:15am in Wrigley Hall

**New Member Orientation - Part 1** - Sunday, March 11th, after each service in St. Luke's Chapel

**Prayer Ministry Meditation** - starting second Wednesdays March 14th, 11am in St. Luke's Chapel

**New Member Orientation - Part 2** - Sunday, March 18th, 1 to 3pm - Tour of church

**2018 Unity Interfaith Shelter** - March 25th-April 8th.

**New Member Orientation - Part 3** - March 25th Spiritual Baptism during the Sunday services.

**Gals Night Out** - Wednesday, March 28th, 5pm, Meet in Wrigley Hall to prepare a meal for Interfaith Shelter Guests followed by Bunko on the 4th floor of Tower.

**Chollas Creek Community Association Meeting** - March 29th, 6:30pm on 4th floor of tower

**Holy Thursday** - March 29th, 7pm Communion & Foot Washing.

**Good Friday** - March 30th, Noon-3pm Watch Service

**Good Friday Evening Service** - March 30th, 7pm

**Annual Flower Cross Setup** - Saturday, March 31st, 9am in the Sanctuary

**April 2018**

**Easter Sunday Services** - April 1st, 9 & 11am

**Easter Egg Hunt** - Sunday, April 1st, 12:15pm - (On the grass between the Educational Building and Wrigley Hall)

**Grief & Recovery Workshop** Starts Monday, April 2nd, see info on poster for different times and locations.

**Jennifer Ferren - "Spectacular You"** - Sunday, April 8th, both services, and her **Concert** is at 1pm.

**Prayer Ministry Meditation** - April 11th at 11am.

**Healing Service** - Sunday, April 15th, 1pm St. Luke's Chapel

**Annual Unity Tea - "These are a Few of My Favorite Things"** - Saturday, April 21st, 2-4pm

**"Power of Principle" Home Study Group** will start the week of April 22nd.

**SAVE THESE DATES:**  
**Celebrate Reverend Blair and Meredith's Retirement** - Saturday, June 23rd, 11am-3pm, Join us as we celebrate at Admiral Baker Club.

**Choir Celebration Party** - May 31st, pm at the Boehmke's home. All former choir members and spouses invited. They will also sing for services on June 5th. More info soon.

**Wish List**

Remember if you feel you cannot give the total amount for any of these things, partial gifts will be accumulated until enough is received.  
**Repair to Beams: \$15,000 - \$7,256.68 = \$7,743.32**  
**Upper Parking Lot Repair: \$17,646 - \$703.64 = \$16,942.36**

Prayer Ministry (619)282-7609 | PrayerMinistry@UnitySanDiego.org | Daily Word (619)281-LOVE (5683)  
Unity San Diego 3770 Altadena Avenue, San Diego, CA 92105 (619)280-2501

# SUNDAY LESSONS

with Reverend Blair Tabor, except where noted

## Lesson Titles - March 2018

- Mar 4** "Beautiful Brokenness" - Stowe Good  
**Mar 11** "Growing through Letting Go"  
**Mar 18** "Open to the Deeper Self"  
**Mar 25** "Onward in Fuller Awareness" - Palm Sunday

## Lesson Titles - April 2018

- Apr 1** "Delighting in Greater Good" - Easter Sunday  
**Apr 8** "Spectacular You" - Jennifer Ferren  
**Apr 15** "God's Vision"  
**Apr 22** "How to Explain God"  
**Apr 29** "GOD = Good Operating Diffusely"

## Special Holiday Services

**Holy Thursday** March 29th, 7pm - Communion and Foot Washing. Let the fullness of the Christ gifts be incorporated into your being during this sacred service.

### Good Friday Watch Service

March 30th, Noon-3pm. **The Seven Last Words of Jesus** have long inspired people to find a deeper connection with God. Come join Reverend Gretchen for all or part of this meditative service.

### Good Friday Evening Service

7pm - Our Good Friday evening service is a celebration of God's work in you for greater good. Despite appearances, God is with you to lift you to greater living. The special "Angel Walk" helps you experience the word of God with our congregation.

**Flower Cross Setup** - Saturday, March 31st, 9am in the Sanctuary - Our beautiful Easter Flower Cross takes time and people to set up. This time is a special gift of connection through working together and being in service to our congregation. Please bring your garden cutter.

**Easter Sunday** - April 1st, 9 & 11 am - Special music, special lesson, special time to bring family and friends to celebrate the resurrecting power of God in you.

## Easter Lilies

If you would like to make a special contribution for Easter lilies, please make a note on your check or contact our staff for a contribution by credit card.

### Memorial - Irene Garcia

Born August 8th, 1957, San Diego  
Passed December 24th, 2017

Irene lived her life to be a blessing to others. She was tough on her daughters because she expected them to do a lot. We bless her, her husband, Anthony, and her daughters Alina and Analisa.

## Did you know...?

A gift to our church of appreciated stocks, mutual funds or other property, could be a great tax advantage to you. Reverend Blair can direct you to more information. Please ask.

If you plan to include our church in your estate, or on a deed of trust, insurance or any other vehicle, please use the full legal name and address of our church: **Christ Church Unity, San Diego, 3770 Altadena Avenue, San Diego, California 92105.**

  
**unity**  
San Diego  
*a spiritual community*

3770 Altadena Avenue  
San Diego, CA 92105

Prayer Ministry: (619) 282-7609  
2nd Wednesday Meditation 11am  
PrayerMinistry@UnitySanDiego.org  
Daily Word Line (619) 281-LOVE (5683)

**Healing Services** Sunday,  
April 15th, 1pm St. Luke's Chapel, First floor of the Prayer Tower

**Home Study Group** "Proving the Power of Principle" is the title of our next Home Study Group series. This 7 week series focuses on the Five Basic Principles of Unity. Whether you are new to Unity or a long-time student, this series will deepen your awareness and strengthen your expression of our Unity principle. The series begins the week of April 22nd.

## Lent 2018: New Good

- N** "Now What?" Stages of change: endings, void, new beginnings
- E** "Emerging through Fear" - Overcoming fear: even though we were afraid, did good emerge?
- W** "Walking Consciously through Change" Endings and Loss: 23rd Psalm - ye though I walk through the valley of the shadow of death...
- G** "Growing through Letting Go" - The Void
- O** "Open to the Deeper Self" Finding ourselves in the Void - aware of our support for others
- O** "Onward in Fuller Awareness" - New Beginnings
- D** "Delighting in Greater Good" Entering the Promised Land

## New Member Orientation has 3 parts

**1** A brief meeting in St. Luke's Chapel, first floor of the Prayer Tower after each service on Sunday, March 11th.

**2** The following Sunday, March 18th, from 1 to 3pm, includes a tour of the church and information on Unity's history, teachings, our church vision, meditation and the four commitments of membership: commitment to your own spiritual growth, regular attendance and daily prayer, proportional giving and spiritual service.

**3** Spiritual Baptism during the Sunday services March 25th.

**M**embership with Christ Church Unity is an opportunity to make a commitment to your spiritual growth through our church. Many people find many blessings from this process.

**Name Tag** - If you do not have a name tag from our church, please **sign up in the Narthex or call** to have your name put on the list. It is easier for everyone if we all have our name tags and wear them.

# HAPPENINGS *at Unity*

Details & Updates

**StoweGood - Sunday,** Sunday, March 4th, 1pm-3pm - Karen Taylor-Good and Stowe Dailey will be here to present their workshop **"You Can't Do It Wrong."** Through story and song Karen and Stowe will lovingly open a window into the "broken" places in our souls, revealing the light that shines from our divine and authentic nature. StoweGood is an international touring duo based in Nashville, TN and comprised of Grammy-nominated songwriter Karen Taylor Good and award-winning author Stowe Dailey. Together they enhance their workshops with a unique speaking style and powerful songs, which never fail to inspire, motivate and uplift their audiences. Workshop is \$25. **They will also speak at both services on "Beautiful Brokenness."** Pick up a flyer for further information.

**StoweGood Concert** - Monday, March 5th, 7pm - A concert to Inspire, Motivate and Heal through Story and Song. Suggested love offering of \$20. **For more information contact Meredith at 619-280-2501, ext. 109 or Meredith@unitysandiego.org.**

**Tea Meeting** - Sunday, March 11th, in Wrigley Hall at 10:15am. The theme is **"These are a Few of My Favorite Things."** This is to make final plans for the tea and to recruit volunteers to do many jobs - table hostesses, servers, cooks, bakers and kitchen helpers on that day. Recipes will also be given out. For more information, **call Meredith at 619-280-2501 ext 109 or email her at Meredith@unitysandiego.org.**

**Gals Night Out** - Wednesday, March 28th - The gals will meet at 5pm to prepare a meal for the Interfaith Shelter Guests. A menu and sign up sheet will be posted in the tower lobby. After cleaning up (about 6:45pm), the gals will move up to the 4th floor for an evening of Bunko hosted by Rashna Kowalski. This fun, fast moving game allows for lots of laughs. A \$10 donation will go to Unity San Diego. Sign up in advance, so we have enough tables for Bunko.

**The Grief and Recovery Workshop** begins Monday, April 2nd at 7pm OR Wednesday, April 4th at 9:30am and runs for 8 weeks. For those of you who have completed a Grief and Loss Workshop in the past, you can attend the last four weeks if you wish. Those dates begin Monday, April 30th at 7pm or Wednesday, May 2nd at 9:30am and go for four weeks. Please pre-register and bring your loss graph with you on April 30th or May 2nd. Sharla Barry, MFT and Linda Proctor, LCSW, Certified Grief Recovery Specialists will be co-leading the workshops. Brochures with further information are in the Narthex and Tower Lobby. The books are now in our bookstore at a 10% discount for class participants.

**For more information or to register call Sharla Barry, MFT 619-339-0644 or Linda Proctor, LCSW 619-421-8212. You can also register on line [www.unitysandiego.org](http://www.unitysandiego.org).**

**Tea Raffle/Auction** - Donations of gift certificates, and new or nearly new items are being accepted by **Meredith Tabor, Meredith@unitysandiego.org.**

**The Arts & Craft Group** - 2nd & 4th Mondays 10am-12pm on the 4th floor of the tower. Everyone is welcome to join us in making crafts and the church benefits from our efforts. For more information **contact Pat Case at (619)462-7928.**

**Jennifer Ferren** will be here Sunday, April 8th to present a **concert, "Spectacular You,"** at 1pm, with a suggested love offering of \$15. Jennifer's mission is to connect hearts through message and song. For the past 20 years, Jennifer has been a music minister at some of Atlanta's finest New Thought churches. She is also an 8 year member of Unity's National Music Ministry Team. **Jennifer will also speak at both services on "Spectacular You."**

**Annual Tea** - Saturday, April 21st, from 2-4pm. The theme is **"These Are A Few of My Favorite Things."** A traditional tea menu will be served, plus there will be a raffle and auction. Tickets will be \$20, \$25 for gluten free. **If you would like to volunteer, speak to Meredith Tabor.**

**Chollas Creek Community Association** - In order to improve the quality of life around our church, Unity San Diego, has partnered with the Chollas Creek Community Association. This neighborhood association devotes their time and energy to improve and enhance our community. Meetings will be held on the LAST Thursday of each month in Wrigley Hall at 6:30pm.

**Tuesday Night Recovery/4T Prosperity Program** Please join us in a modified 4T Prosperity Program using the 12 steps of 4T to change our consciousness as we learn to depend on the God of our understanding as Source of all things. Meetings are held the first and third Tuesday of each month at 7pm in the Sanctuary.

**Celebration Luncheon for Reverend Blair & Meredith's Retirement - SAVE THE DATE!** Saturday, June 23rd, 11am-3pm. Join us as we celebrate and honor Rev. Blair & Meredith at **Admiral Baker Club** near Mission Valley. We have reserved the room for this fabulous event. More details to follow soon.

**Celebration Choir Party for Blair & Meredith** May 31st. Jackie Boehmke will be hosting a party. for all former choir members and spouses are invited. In addition, Ron is inviting them to sing with the choir that Sunday at services. Watch our website & Sunday bulletins for upcoming information.

**Gift Card (Scrip) News** Start off the year with scrip. VISA gift cards in \$50 and \$100 are available. There is no activation fee & no expiration date - plus they are good at Costco. Unity makes 1.5%, so they must be paid for with a check or cash. Easter is also approaching, so we have See's Candies, Target and more for filling those baskets. These gift cards aren't just for gifts anymore. Use gift cards just like cash that you use for everyday shopping or gas. Stop by the scrip table today for a complete list. You may order it in advance by contacting **Meredith at 619-280-2501 ext 109 or email at Meredith@unitysandiego.org.**



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# ***Thank You!***

## **January Volunteer of the Month... Congratulations to Margaret Huggard!**

Margaret shares her singing talents with us and has been a member of our choir for many years. In addition, Margaret shares her time to help set up and make sure our campus is ready for our Interfaith Shelter guests. This past year, Margaret volunteered to usher and has really done a great job of stepping into the role as Head Usher on the fourth Sunday of each month! Thank you, Margaret, for sharing your time and talents with us at Unity San Diego. We are grateful for all you do!

## **February Volunteer of the Month... Congratulations to E'luna Padilla!**

E'luna volunteers as an usher on the third Sunday of each month and fills in on other Sundays as needed. In addition, she helps in the kitchen, at our annual picnic and at the volunteer appreciation brunch. Thank you, E'luna, for your willingness to be in Sacred Service at Unity San Diego. We are grateful for all that you do!

Consider serving a few hours a month as an expression of Love In Action - [UnitySanDiego.org/Sacred-Service](http://UnitySanDiego.org/Sacred-Service)