

Faith for Today

OUR VISION We envision positive spiritual change in our world.
OUR MISSION To empower better lives through spiritual transformation.

From the BOARD PRESIDENT'S HEART

As most of you know, **Rev. Sandy**, our transitional minister designee, is unable to come to Unity San Diego due to further hip surgery and recovery time. After much consultation with Unity Worldwide Ministries **Carrie Kenyon** and **Rev. Denese Schellink**, a transitional ministry consultant/minister from Unity of Santa Barbara who had been previously helping us prepare for this transition, we have an alternate plan. The board approved the plan and we are now carrying it out. It includes some staff changes too, which I will address in the Board Letter further in Faith for Today.

Denese will become our new transitional minister, and she will serve us part-time. She was unavailable when we began our transitional process, but that is at the end of September and in the recent process we have realized we really don't need a full-time transitional minister...we think we are good with a part-time one. Denese agrees, and has helped us figure out how to best move forward for Sunday services. The board believes, and Denese concurs, that it is important for congregations to have consistency. At her suggestion to supplement her once-a-month Sunday lesson, we are hiring **Karla Lightner** to do two Sunday services per month. In addition, **Ken Fendrick** and **Rev. Gretchen** will fill in for an additional Sunday per month. We will continue to have guest speakers as we have always done. We are hoping to get **Rev. Richard Rogers** and **Harold Payne** again in the near future and are planning on **Daniel Nahmoud** after the first of the year. If there are other guest speaker suggestions, please see **Karla Lightner** who is now in charge of that. As for ministerial counseling and support, **Rev. Denese** will be available while she is here, and **Rev. Gretchen** will be available along with **Karla Lightner** when she is not available in person or via the internet.

The wonderful thing about our "glitch" and change of plans is that we feel we will be able to get a permanent minister in quicker order than expected. The new direction we are heading in is being helped by the amount of competent people stepping up. We feel sure that Spirit is guiding us in this transition process and we are holding this all in His light!

In love and gratitude!
 Cathie Robertson
 Board President

LETTER FROM CATHIE ROBERTSON, BOARD PRESIDENT

In our transition process we have learned many things. One of the things we have learned is that some things were not working – it is difficult to move forward for our staff if we are not fully staffed in areas that have been left vacant. After consultation with the board and **Rev. Denese Schellink**, our new transitional minister, the board has developed a plan to remedy that and give the staff the support it needs to carry on. We have created a new position of Operations and Events Manager and **Karla Lightner** is stepping into that position. She had already been filling in with a number of tasks. **Karla** will do Operations and be in charge of special events and have other duties that we are needing to fill. **David Rounsley** will take on some more responsibilities and will be our Facilities Manager. **Cheryl Davis** will be able to do the job we hired her for Volunteer Co-coordinator and Bookstore Manager. **Aline King** has accepted the additional responsibility of handling and organizing the Sunday platform speakers. **Cynthia G.**, our new Administrative Assistant, is helping us to make sure we are in compliance with state laws. **Carol Knudsen** is doing amazing things with all of our graphics, bulletin and FFT and will be helping us expand our internet presence with graphics. **Ron Councill** is stepping up to work with many speakers to make sure our music is as wonderful as it always is. **Dee Laster** is helping re-create our bookstore. **Barbara Mulvaney**, a volunteer in the Youth Ministry, will now become the Youth Education Director. **Rev. Gretchen** will step up and do some counseling. And, we are forever grateful to **Cynthia Jones** with her cool head who has helped to get us on the road in our process. We have an amazing staff and need to thank them and celebrate their contributions to our church community!

As we move along in our transition process one of the things that has been on the agenda is **Spirit Groups** which is an outgrowth of small groups and will be lead by **Marty (Cowden) Ellingwood**. We will begin this mid-September and are excited to enhance our church community with these groups! It is our hope that we will hire a new full-time permanent minister as soon as it is feasible and we have jumped all the hoops we can to make it happen. Our new minister will be here to give us the ministerial support we need and be a strong leader as we forge our way to becoming the mission centric ministry that is envisioned.

Cathie Robertson
 Board President

Youth MINISTRY

Youth Ministry Sunday Classes 10am

Hello Everyone! Unity San Diego is a wonderful place for our children and teens. Not only did our teens spend a week at Unity Village during the summer, but, five teens also attended the YOU Southwest Regional Leadership Rally in Prescott, AZ at the end of July. Here they learned leadership skills that they brought home to share with their peers and the congregation. In addition, thanks to Amy Lint and her wonderful daughter Midah, we now have a new Children's Library filled with positive, New Thought books for our youth to check out and read at home. Thank you so much, Amy and Midah for making Unity San Diego's Youth Ministry even more phenomenal than it already is!

This year our Fall Festival will be combined with the Church Picnic and will be held on **Sunday, October 28th**. Along with great carnival games, a delicious cakewalk, the old-time favorite – balloons and darts, a balloon maker, face painter and our new favorite – pie eating contest, we will have a costume contest for ALL AGES. Please come dressed to win. There will be winners in all age groups and everyone participating will earn a prize. There will be hot dogs, hamburgers and a potluck. We will also hold a silent auction and raffle. Please join us for a day full of fun and fellowship. If you would like to volunteer at our Fall Festival/Church Picnic, **please contact our Volunteer Coordinator at Cheryl Davis 619-280-2501 ext. 105 or email her at volunteer@unitysandiego.org**.

It is with mixed emotions that I release the position of Youth & Family Ministry Director at Unity San Diego. I have held this position for ten years, and it has been fun, exciting, meaningful and enlightening. But, times are changing and as our church transitions, the staff positions also are changing. **Barb Mulvany**, a volunteer Teen Sponsor at Unity San Diego has accepted the position. For the first few months she will train and focus on the teen portion of the Youth Program while I continue overseeing the Children's portion. It is our goal that by the end of the year, Barb will be ready to take over the entire Youth Ministry. Barb and I have worked together for the last few years and I feel very confident and secure that she is the perfect person for the job. You will love working with her just as I do! I will continue at Unity San Diego in the newly formed position of Operations and Events Manager. It has been a pleasure and an honor to serve our Unity San Diego families!

Love & Blessings!

Karla

Youth & Family Ministry Calendar

Uniteen Fall Retreat - Saturday, October 13th-14th, Unity San Diego - Teens in grades 6-8 from California, Arizona and Nevada will attend this Southwest Regional Event.

Fall Festival/Church Picnic - Sunday, October 28th - This year the Fall Festival and Church Picnic will be combined. Eat, have fun, play games, and participate in a costume contest for all ages. There will be a raffle and silent auction as well as hot dogs, hamburgers and a potluck. Hot dogs and all games are free of charge as we invite the community to celebrate the Fall season with us.

Prayer MINISTRY

Change Stirs Conflict or Choice?

As we go through our days, what decisions do we make about change? Are we disturbed, challenged or invigorated? Some changes in life hit us hard, such as illness or death of a loved one. Some changes with office equipment or personal relationships may hit us in a middle ground of discouragement. But then other changes like an exciting vacation to a lovely change of scenery, new food choices and exciting events charm us delightfully.

This poem, "**Change**," by James Dillet Freeman offers some relief.

*I have resisted change with all my will, cried out to life,
"Pass by and leave me still."*

*But I have found as I have trudged time's track, that all my
wishing will not hold life back.*

*All finite things must go their finite way. I cannot bid the
merest movement, "Stay."*

*So finding that I have no power to change,
I have changed myself.*

*And this is strange, but I have found out when I let change come,
the very change that I was fleeing from has often held the
good I had prayed for,*

and I was not the less for change, but more.

*Once I accepted life and was not loath to change,
I found change was the seed of growth.*

Your Prayer Ministry lovingly awaits your calls, emails and prayer cards for prayer for yourself and others.

Join us **Wednesday eve, September 12th** and **Thursday, September 13th** for special World Day of Prayer events. Prayer Meditation is also held **September 12th at 11 am** on **Wednesday** in St. Luke's Chapel.

Loving blessings,

Your Prayer Ministry

25th Unity World Day of Prayer

We will participate with Unity Village this year starting on **Wednesday, September 12th**, in St. Luke's Chapel with a live streaming of the opening ceremony at 4:45pm. We will depart by 6pm to continue our individual prayers at home. That morning, the Unity San Diego Sanctuary will open at 8:30am with a day of activities listed on the agenda on fliers on the bulletin boards and the **back page of this issue of Faith for Today**.

This year's theme is "**Courage to Heal**" with the affirmation,

"I am a healing presence."

We affirm the guiding prayer with Unity students worldwide:

*"Aligning my mind and heart with the mind and heart of
God, I center myself in Pure Being.*

*In a state of spiritual realization, I remember I can never
be broken, limited, or unworthy. Courageously, I rise into my
true spiritual nature in this moment of healing.*

*I heal the whole of me as I accept that I am brave. I am
bright. I am beautiful.*

*As I heal in body, mind, and spirit, I support healing in my
family, my community, the earth, and the world. Centered in
Pure Being, I am a healing presence."*

Please join us for some or all of the activities.

We love you, we bless you and behold the Christ in you,
Your Prayer Ministry

Come Worship with Us - *Everyone's Welcome!*

SUNDAY CELEBRATION SERVICES

10am in the Sanctuary

Youth & Family Ministry
Youth Ministry Classes 10am

**Ongoing Groups
Everyone Welcome!
(619) 280-2501**

Please Note:
This information is only current
at the time of printing.

All Classes & Events are subject to
change without notice. For accurate
& up-to-date postings, please visit:
www.unitysandiego.org

SUNDAYS

1st Friendship Sunday 11 am
and 3rd Brunch Sunday 11 am
Announcements in Bulletin

A Course in Miracles
9am, in the Tower,
on the 4th Floor

MONDAYS

Arts & Crafts Group
2nd & 4th Mondays, 10am
Contact Pat Case

TUESDAYS

Feeding San Diego
4th Tuesday, 1pm
Large Parking Lot

Discovering Your Spiritual
Power/ Daniel Plan
1st & 3rd Tuesdays,
7pm in Wrigley Hall

WEDNESDAYS

Prayer Meditation
2nd Wednesday, at 11 am in
the Tower, St. Luke's Chapel

THURSDAYS

Choir Practice
7pm in St. Luke's Chapel
(resuming August 30th)

Yoga with Tamara
7pm in the Sanctuary Narthex

Prayer Ministry Hours
Noon to 9pm, Monday to Friday

SEPTEMBER 2018

Living Room Conversations
September 9th, "Race and Ethnicity"
meeting at 12 noon in the Sanctuary.

World Day of Prayer - Livestream
from Unity Village Opening
Ceremonies, Wednesday, September
12th at 5pm in St. Luke's Chapel.
See back page of this newsletter, bulletin
board flyers or website for total schedule.

World Day of Prayer
Thursday, September 13th, from
8:30am-6pm. See back page of this
newsletter, bulletin board flyers or website
for total schedule.

Arts & Crafts Halloween & Fall Mini Sale
on Sunday, September 16th from
11am-12pm in Wrigley Hall.

Spirit Groups - Starting the week of
September 16th. Stay tuned for more
information from Marty Ellingwood.

Gals Day Out at Seaport Village
September 22nd

Weekend Experience #1
Essential Elements of Ministry Board
and Leadership Training on Saturday,
September 29th-Sunday, September 30th

Welcoming Reverend Denese Schellink
speaking at our September 30th
Sunday service.

Healing Service - Sunday, September 30th,
11:30am in St. Luke's Chapel

OCTOBER 2018

Healing Service - Sunday, October 7th,
11:30am in St. Luke's Chapel

Arts & Crafts Halloween & Fall
Mini Sale on Sunday, October 7th
from 11am-12pm in Wrigley Hall.

Uniteen Fall Retreat - Saturday,
October 13th-14th, at Unity San Diego

Living Room Conversations
October 14th, "Immigration" meeting at
12 noon in the Sanctuary.

Weekend Experience #2
Honoring our Past, Creating Our Future
On October 19th-21st in Wrigley Hall

Rev. Denese Healing Circle October
19th-21st at 11:15am in Wrigley Hall

Community Forum - Sunday,
October 21st at 11:15am, Wrigley Hall

Gals Day Out - October 27th,
Shopping in Old Town and enjoy an
Old Fashioned Tea at Cosmopolitan
Hotel & Restaurant

Fall Festival / Church Picnic will be
on October 28th in Wrigley Hall and
the Education Quad area

WISH LIST

Remember, if you feel you cannot give the total amount for any of
these things, partial gifts will be accumulated until enough is received.

Upper Parking Lot Repair: \$17,646- \$3,212.74 = \$14,433.26

Projector & Screen Installation in the Sanctuary: \$9,200-\$2,010.60 = \$7,189.40



SUNDAY LESSONS

September 2018

- Sept 2** "Won't You Be my Neighbor?"
- Karla Lightner
- Sept 9** "Mystery and Miracle"
- Rev. Gretchen Peña
- Sept 16** "Stick Together - With Duct Tape"
- Karla Lightner
- Sept 23** "Holy Humor"
- Rev. Gretchen Peña
- Sept 30** TBA - Rev. Denise Schellink

October 2018

- Oct 7** "Just Imagine" - Karla Lightner
- Oct 14** "Live, Love, Appreciate"
- Karla Lightner and Ken Fendrick
- Oct 21** TBA - Rev. Denise Schellink
- Oct 28** "Simplify Your Life"
- Rev. Gretchen Peña

Our Thank You Goes to Cynthia Jones

for her more than 2 years of service as our **Administrative Assistant** who has helped run our office and our church business. She is leaving to spend more time with her family, including her brand new grandson! Thanks so much for all you have done for us!

We Welcome Cynthia Giammarinaro

as our new **Administrative Assistant**, who we have hired to replace **Cynthia Jones**. Cynthia comes to us after running her own business for 8 years. She also has experience in property management and served in the Marine Corps for 6 years previously. Cynthia is married and has two sons, Nicolo, 15 and Carlo, 12. She attended our church before being hired and she loves our small groups! She likes to read, hike, camp and do projects around the house. She has been with us since July 1st and we are amazed at how quickly she has learned her job. She is already helping us improve some of our practices and policies. Welcome Cynthia!

NAME TAG - If you do not have a name tag from our church, please sign up or call to have your name put on the list. It is easier for everyone if we all have our name tags and wear them.

Reverend Denese Schellink



Our new transitional minister/consultant is Rev. Denese Schellink from Santa Barbara where her husband Larry is the minister of Unity of Santa Barbara.

Rev. Denise has many years of experience as a Unity Minister and has been a transitional minister since 2011. She was one of the people who prepared our board for this transition we are experiencing. We are

most fortunate that she became available! Rev. Denese's vision is:

To serve as Spiritual Leader of a spiritual community that is committed to transformation, through education, inspiration, cooperation and building a culture of peace as a path to spiritual growth. I give full expression to my spiritual gifts finding balance, joy and harmony in a community that is eager to know the Divine more fully.

Rev. Denese will be joining us one weekend a month beginning the weekend of September 28th-30th. She will be involving us all in the transition process. Please look for Transitional Activities for more information.

Healing Services - Sunday, September 30th,

& **October 7th** at 11:30am in St. Luke's Chapel, first floor of the Prayer Tower. The powerful activity of God's healing power is available to us when we are in conscious connection with Spirit. Come join Karla Lightner, C.S.E., as we go within to access the healing power that already exists in each and every one of us. Music, meditation, prayer and affirmations. Love offering accepted.

Community Forum - **October 21st** at 11:15am in Wrigley Hall. for our semi-annual community forum which will mainly consist of a question and answer session featuring Rev. Denese. This is Brunch Sunday.

Did You Know? A gift to our church of appreciated stocks, mutual funds or other property, could be a great tax advantage to you. Cathie Robertson can direct you to more information. Please ask.

If you plan to include our church in your estate, or on a deed of trust, insurance or any other vehicle, please use the full legal name and address of our church: **Christ Church Unity, San Diego, 3770 Altadena Avenue, San Diego, California 92105.**

HAPPENINGS

at *Unity*
Details & Updates

Living Room Conversations

Unity San Diego will be joining other Unity and New Thought Churches in the area in holding "Living Room Conversations." Living Room Conversations are a conversational bridge across issues that divide and separate us. Each church and spiritual center will be holding these conversations on the same topic and on the same Sunday. Please join us at 12 noon on the following dates in the Sanctuary as we bridge our differences with love while focusing on solutions that work.

Sunday September 9th: Race and Ethnicity
Sunday October 14th: Immigration
Sunday November 11th: Gun Responsibility

Please see Karla Lightner for more details.

Spirit Groups = Home Study will be starting the week of September 16th. We will be studying **Affirmative, Empowering Prayer**, a six week video series invites you to re-examine your views of God, yourself, and the role and purpose of prayer. Group hosts/leaders are needed for this study! Please contact Marty Ellingwood at 619-398-7531 or m.cowden@sbcglobal.net if you are interested in hosting and/or leading.

The Arts & Craft Group has its **Halloween & Fall Mini Sale** on Sunday, September 16th, October 7th & October 21st, from 11am-12pm in Wrigley Hall.

Gals' Day Out - September 22nd

to shop at Seaport Village and have lunch at the Edgewater Grill. Sign up in the tower lobby by September 15th so Charlyn can make reservations and to discuss carpooling. The Edgewater Grill brunch and lunch menus are in the tower lobby for you to get those taste buds ready. Call or text Charlyn Earp at 619-850-6856 or email at charearp@sbcglobal.net with any questions.

Transitional Activities

Weekend Experience 1: Unity of San Diego Board and key leaders will have a **Essential Elements of Ministry Board and Leadership training** on Saturday September 29th-Sunday September 30th there will be a **Town Hall Meeting** for Rev. Denese to meet our church community, where she will introduce the tenets of Transitional Ministry and have a question and answer exploration.

Sacred Service = Bountiful Thanks from Western Service Workers Association for August Food & School Supply Drive. Thank you for numerous backpacks, school supplies, and for multiple boxes of food. For more information on how you can help, please call Brandon McDonald of WSWA at 619-238-9763 or Aline King of CCU at 619-280-2501, ext. 133.

Gift Card (Scrip) News

September and October we begin to think of school starting and colorful leaves falling, and so many opportunities to support Unity using scrip for all the supplies, clothes shopping, and eating out. We have **Ulta** scrip for many restaurants and grocery stores and gas plus **See's Candy** for your sweet tooth or gift idea too. We have **VISA** gift cards in \$50 and \$100 for any kind of purchase. They have **no activation fee and no expiration date**, and are good at **Costco**. Unity makes 1.5% so you must pay for them with a check or cash. If you use them in your daily shopping, you will increase your giving to our church. Stop by the scrip table for a complete list. **You may order in advance by contacting Charlyn Earp at 619-299-5130 or email her at charearp@sbcglobal.net.**

Tamara Leeper - August Volunteer of the Month

Tamara volunteers wherever she is needed. She teaches yoga, leads small groups, and stayed overnight with our Interfaith Shelter guests. She lovingly teaches our little ones on Sunday. Tamara's positive attitude and loving smile are a pleasure. Thank you, Tamara! We are truly blessed that you have chosen Unity San Diego as your spiritual home.

Discovering Your Spiritual Power

This is a new group which will be moving deeper into the **Five Essentials of The Daniel Plan** beginning **October 16th**. Essential One: Faith will take a more in depth look at our foundation – the core of our body, mind and Spirit. This four lesson class will help us become more centered in our new, healthy way of life. **Meetings are held the first and third Tuesday of each month at 7pm in the Sanctuary.**

Weekend Experience 2: Community wide weekend process of **Honoring our Past, Creating Our Future**. On **Saturday, October 20th** there will be an all day grief check in, a **community assessment** and appropriate processes with members who want to be involved in the transition process. We hope many of you will attend because it is very important to the transition process to involve as many people as possible. This will be on **Sunday, October 21st** after the morning service at **11:15am**, in Wrigley Hall when we have our **semi-annual community forum**. It will include a question and answer session featuring Rev. Denese. At **1pm** There will be a **Healing Circle** for those who went through the Saturday training.

Gals' Day Out = **October 27th**, The Gals will go shopping in Old Town and enjoy an **Old Fashion Tea** at the Cosmopolitan Hotel and Restaurant. Cost is \$25 and the menu is set and not gluten free. **Contact Charlyn by Sunday, October 20th** so she can make reservations. Sign-up sheet and menu are posted on lobby bulletin board. **Call or text Charlyn Earp at 619-850-6856 or email at charearp@sbcglobal.net** with any questions.

Fall Festival & Church Picnic

(combined) will be held on **Sunday, October 28th**. Along with great carnival games, a delicious cakewalk, the old-time favorite – balloons and darts, a balloon maker, face painter and our new favorite – pie eating contest, we will have a costume contest for ALL AGES.

Please come dressed to win. There will be winners in all age groups and everyone participating will earn a prize. There will be hot dogs, hamburgers and a potluck. We will also hold a silent auction and raffle. Please join us for a day full of fun and fellowship. **If you would like to volunteer at our Fall Festival, please contact Cheryl Davis at 619-280-2501, ext 105 or volunteer@unitysandiego.org.**



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WORLD DAY OF PRAYER (WDOP) AGENDA

Wednesday, September 12th, 4:45pm-6pm St. Luke's Chapel (in Unity San Diego Tower, 1st Floor)
Livestream from Unity Village Opening Ceremonies

4pm - Doors open to St. Luke's Chapel

4:45pm - Opening music with from the Activities Center "LIVESTREAMED" to St. Luke's Chapel

5pm - Opening Service "LIVESTREAMED" from the Activities Center with Keynote address and music.

6pm - Departure, 24 Hour Prayer Vigil at home begins and continues through Thursday, Sept 13th

Thursday, September 13th, 8:30am-6 pm

Activities in **Sanctuary 8:30am** - **Doors to Sanctuary open.** Quiet Meditation area set up in Narthex

9am-10am - **Silent Unity Prayer Service** "LIVESTREAMED" from the Activities Center in Unity Village
to Unity San Diego Sanctuary

10:15am-11am - **Gong Meditation** with Teri Wilder

11am-12pm - **World Peace Prayers**

12pm-1:30pm - **Lunch on own;** off-site, will distribute list of local restaurants

1:30pm-2:30pm - **Crystal Bowl Meditation** with Mary Joy Neuru

2:30pm-3pm - **Walking Meditation,** time to write Prayer Requests

3pm-4pm - **Yoga** with Tamara Leeper; Please bring yoga mat or large beach towel if desire to be
on floor, and wear comfortable (loose) clothing to allow you to move.

4pm-5pm - **Hour of Silent Prayer & Meditation** (Prayer Chaplains & 6th Floor PM pray over
Prayer requests)

5pm - **Closing Celebration** with Keynote Concert in Activities Center from Unity Village "LIVESTREAMED"
from Unity Village Activities Center to Unity San Diego Sanctuary.

6pm Closing - **Music** with Ron Councill

Consider serving a few hours a month as an expression of Love In Action-UnitySanDiego.org/Sacred-Service