

# Faith for Today

**OUR VISION** - A world powerfully transformed through the growing movement of shared spiritual awakening.

**OUR MISSION** - Empowering personal growth through positive spiritual principles, inspirational music and community service.

## From the BOARD PRESIDENT'S HEART

*Dear Unity Community,*

This is an exciting time! About the time that this went to press (early February) we were handing in our information advertising for our new minister to Unity Worldwide Ministries. It takes a few weeks to process that information into a posted job description, but by the time you read this, we should be getting applicants! Because of how **Easter** falls this year, we probably won't have anyone come to interview until May, but we are on the road to a new minister and that is exciting. We are also happy that we will once again be having the **Interfaith Shelter** here in March and will be having other opportunities like our blanket drive last month to be more involved in helping the wider community. In April we will be preparing for our Easter services and having a great guest speaker, **Mendi Audlin, on April 14th**. She is the person who is in charge of all **SpiritGroup** ministries that we are a part of. We are heading to the end of our transition time and I am most grateful that Spirit has been leading us in the direction we are meant to go. Thank you all for your support and prayers!

In love and gratitude,  
Cathie Robertson  
Board President

## LETTER FROM A BOARD MEMBER, MARTY ELLINGWOOD

**I have recently completed my first year** on the Unity San Diego Board of Directors, and it has been a pleasure as well as a challenge to serve during a year of change and transition. We have said "Good-bye" to a minister who served us so well for 30 years, and not just to the personhood but also to an era. The time is ripe to evolve. As Transformational Ministry expert Reverend Gary Simmons would say it, any evolutionary process has two components. To evolve we need to:

Hospice what needs to be released.

Midwife what needs to be born.

As we consider this, think about the current situation of our church. Is there anything that we need to hospice and release? Could it be that we need to move from believing our well being is determined by external circumstances to knowing that our future good comes from within ourselves as Divine Beings that are part of a Divine Organization? Do we need to release the fear of difficult circumstances and cultivate the understanding that difficulties are evolutionary drivers intended to propel us forward on our journey?

How do we undertake the business of midwifing that which needs to be born? Sometimes it means we must learn to let go. Some will not choose to go the distance with us. We need to understand that this is okay. We release them with love. We have confidence that we will attract to us those individuals that are intended to travel with us on our new path. And we ask in this present moment, what is ours to do? It is ours to hold a vision of a prosperous, joyful future, fulfilling our mission and transforming the world.

Joyfully serving,  
Marty

# Youth MINISTRY

Youth Ministry Sunday Classes 10am

Hello Unity Family!

Already we are coming upon a beautiful springtime. As the days roll by we have been busy in the Youth Ministry and are excited about all we have been creating in our lives and our community! The **Unikids** are enjoying learning their "**12 Powers**" and the teens are delving deeply into don Miguel Ruiz's, "**The Four Agreements.**" It is a time of great growth for all. Beyond the classroom we continue to keep busy serving our Unity family. The teens are happy to be getting involved in the service and volunteering in different roles at our church. How wonderful for them to be surrounded by their spiritual family. It means a lot to them.

We are all eagerly awaiting the **Official Rally** that is coming up the first weekend **May 3rd-5th**. It is a high school event that is a very meaningful weekend for all involved-teens and adults. The weekend consists of lessons to continue our spiritual growth, graduation for our high school seniors from our Unity program, and elections of our regional officers. The regional officers write and lead weekend events for our teens which is such an important and impactful role to take on in service to their fellow YOU'ers. We'll have musician **John Stringer** here ([johnstringerinc.com](http://johnstringerinc.com)) for rally weekend who many of us were grateful to meet and enjoy as he helped create an incredible event at IYOU (International Youth of Unity) last summer at Unity Village.

The anticipation for us is even greater this year as we will be hosting rally right here at our church! That means we are able to welcome teens and sponsors from California, Nevada and Arizona into our beautiful space and allow them to enjoy our caring fellowship. For that weekend we will be feeding and housing these wonderful Unity students and we will need your help!

Would you be willing to host teens and adults to sponsor in your home? Sponsors need a bed to sleep in and teens are good with a couch or floor space. Serving as a host home gives you the opportunity to be the friendly face and connection from Unity San Diego. It also gives you the opportunity to talk with these bright and fun teens who come from different parts of the Southwest Region to learn and grow and be with our teens in a very meaningful way to all of them.

Thank you for anything you are willing to do to help make the weekend an incredible one for all of our youth! I will contact families before **April 1st** to organize host homes. **You can contact me at (480)282-7731 and [bfmsdyouth@gmail.com](mailto:bfmsdyouth@gmail.com) or talk to me in Wrigley Hall.** I'd love to hear what you are willing to teach us!

Happy Spring - Much love and many blessings to you!  
Barb Mulvany

## Youth & Family Ministry Calendar Spring 2019

- Youth will Prepare lunch for Interfaith Shelter  
Guests on Sunday, March 31st

- Youth Soup/Salad Fundraiser at 11:15am on  
Sunday, April 14th in Wrigley Hall

# Prayer MINISTRY

## Spring Forth

with a Renewed Awareness of the  
Christ Presence Within

Let your heart leap up with thankfulness for your new growth of consciousness this Spring and the approaching celebration of **Easter**. Your Prayer Ministry rejoices with you in your delight.

Consider the words of Myrtle Fillmore, co-founder of Unity, "The Christ presence within our own souls is the Great Physician who has wisdom and power to heal and to adjust in divine order every function of our body temples. Turning within to Him, we receive that guidance, that assurance, that healing for which our souls long, the prospering and success for which we not only long but need to express as sons and daughters of the Most High, heir to all that the Father has. Instead of thinking of the Lord as the personal Jesus Christ who is away at some distant place called heaven, we must think of the Lord as our own God-given Christ Mind, and of Jesus Christ as ever with us in the spiritual consciousness that He has established and that He has merged with the race mind in order that we may be in touch with Him and lay hold of Him and build our lives according to His pattern."

Join us for prayer, meditation and music on **Wednesdays, March 13th and April 10th in St. Luke's Chapel at 11am.**

We behold the Christ in you and look forward to your calls, emails and prayer cards.

Loving blessings,  
Your Prayer Ministry

## Interfaith Shelter

### Required Trainings for Unity Interfaith Shelter

Unity San Diego hosts the 2-week **Interfaith Shelter** Sunday, **March 24th through Sunday, April 7th**. All volunteers please attend ONE training session on **Sunday, Feb. 24th or Sunday, March 3rd, or Sunday, March 10th or Sunday, March 17th, in St. Luke's Chapel**. All trainings begin at **11:30am** and last one hour. **Hope to see you there, Aline King, Coordinator.** **619-280-2501, ext. 133.**

## Sacred Service

- **May WSWA Food Drive in Wrigley Hall - Western Service Workers Association** especially appreciates your donations of canned meats, peanut butter and cereals. Please bring items each week in May to the orange bins in Wrigley Hall. Western Service Workers is an all volunteer association comprised of families who may have two or three jobs in restaurants and hotels in order to meet their needs. Increased utility bills and other rising costs can cause a decrease in food budgets. **Our donations can help many. Scrip for Smart and Final is also appreciated.**

For more information, please contact **Aline King at 619-280-2501, ext. 133.**

**Ongoing Groups  
Everyone Welcome!  
(619) 280-2501**

**Please Note:**

This information is only current at the time of printing.

All Classes & Events are subject to change without notice. For accurate & up-to-date postings, please visit: [www.unitysandiego.org](http://www.unitysandiego.org)

**SUNDAYS**

1st **Friendship Sunday** 11am  
and 3rd **Brunch Sunday** 11am  
Announcements in Bulletin

**Healing Service** - 4th Sunday  
at 12pm in the Sanctuary

**A Course in Miracles**  
9am, in the Tower,  
on the 4th Floor

**MONDAYS**

**Arts & Crafts Group**  
2nd & 4th Mondays, 10am  
Contact Pat Case

**TUESDAYS**

**Feeding San Diego**  
4th Tuesday, 1pm  
Large Parking Lot

**Unity San Diego's  
Spiritual Recovery Group**  
1st & 3rd & 5th Tuesdays,  
7pm in the Sanctuary

**WEDNESDAYS**

**Prayer Meditation**  
2nd Wednesday, at 11 am in  
the Tower, St. Luke's Chapel

**THURSDAYS**

**Choir Practice**  
7pm in St. Luke's Chapel

**Yoga with Tamara**  
7pm in the Sanctuary Narthex

**MONDAY - FRIDAY  
Prayer Ministry Hours**  
Noon to 9pm

**Come Worship with Us - *Everyone's Welcome!***

**SUNDAY CELEBRATION SERVICES**

**10am in the Sanctuary**

**Youth & Family Ministry  
Youth Ministry Classes 10am**

**2019 Unity San Diego Calendar**

**March**

**Interfaith Shelter Training - Sunday,**  
March 3rd, or Sunday, March 10th  
or Sunday, March 17th, in St. Luke's  
Chapel, 11:30am-12:30pm

**Forgiveness Workshop - Six Sundays,**  
March 3rd-April 7th, 11:45am-1pm  
on the fourth floor.

**Arts & Craft Group St. Patrick's Day  
Mini Sale - Sunday March 3rd & 17th**  
from 11-12pm in Wrigley Hall.

**Annual Tea Planning Meeting -**  
We will meet **March 10th** at 11:15am  
in Wrigley Hall

**Interfaith Shelter - begins Sunday,**  
March 24th

**Youth Prepares Lunch for  
Interfaith Shelter Guests on Sunday,**  
March 31st

**April**

**Gals Night Out** - The ladies will feed  
our **Interfaith Shelter Guests** in **Wrigley  
Hall** followed by **Bunco with Rashna**  
on the 4th floor Wednesday, April 3rd  
at 5pm.

**Interfaith Shelter Sunday, ends April 7th**

**Annual Tea Planning Meeting -**  
Last planning meeting before the tea,  
April 7th at 11:15am in Wrigley Hall

**Living Room Conversations - Climate  
Change - Sunday, April 7th** at 12pm  
in Wrigley Hall.

**Guest Speaker, Mendhi Audlin -**  
April 14th - (Palm Sunday) **Sunday  
Lesson "What If It All Goes RIGHT?"**  
followed by her **Workshop "What If  
Up? - Learning from Your Dreams,  
Living from Your Vision."**

**Youth Soup/Salad Fundraiser April 14th**  
after the service.

**Holy Thursday - April 17th**

**Good Friday - April 19th**

**Easter Sunday - April 21th**

**The Annual Tea "ParTEA" - Saturday,**  
April 27th from 2pm-4:30pm in  
Wrigley Hall.



Remember, if you feel you cannot give the total amount for any of these things, partial gifts will be accumulated until enough is received.

**Upper Parking Lot Repair:** \$17,646 - \$3,618.74 = \$14,027.26

**Projector and Screen Installation in the Sanctuary:**  
\$9,200 - \$4,928.25 = \$4,271.75

**Interfaith Shelter Network Food & Supplies:** \$1,000



## Sunday Lessons March 2019

- March 3** "We Are All One"  
- Karla Lightner
- March 10** "Creating a Community of Unity"  
- Karla Lightner
- March 17** TBA  
- Rev. Denese Schellink
- March 24** "The Bliss of Solitude"  
- Rev. Gretchen Peña
- March 31** "How Do I Show Up?"  
- Karla Lightner

## April 2019

- April 7** "We Are More than Enough"  
- Karla Lightner
- April 14** Palm Sunday -  
"What If It All Goes RIGHT?"  
- with Guest Speaker, Mendhi Audlin-
- April 18** Holy Thursday -  
"Love is My Decision"  
Foot washing, Communion  
- Karla Lightner
- April 19** Good Friday -  
"Jesus' Seven Last Words from the Cross"  
- Rev. Gretchen Peña
- April 19** Good Friday -  
"What's so Good About Good Friday?"  
- Karla Lightner
- April 21** Easter -  
"I Rise Up to Claim My Truth"  
- Karla Lightner
- April 28** "Who Am I?"

## Healing Services

**Sundays, March 24th, and April 28th at 12pm in the Sanctuary** - The powerful activity of God's healing power is available to us when we are in conscious connection with Spirit. Come join Karla Lightner, C.S.E., as we go within to access the healing power that already exists in each and every one of us. Love offerings are graciously accepted.

## Memorial

### Dona Conery

**Born** - February 16, 1926

**Passed** - January 11, 2019

Dona is a long standing member who gave her time and energy in service and will be greatly missed.

## Did You Know?

A gift to our church of appreciated stocks, mutual funds or other property, could be a great tax advantage to you. Cathie Robertson can direct you to more information. Please ask.

If you plan to include our church in your estate, or on a deed of trust, insurance or any other vehicle, please use the full legal name and address of our church:

**Christ Church Unity, San Diego,  
3770 Altadena Ave.,  
San Diego, California 92105.**

## New Member Opportunity

- 1 We will be having an opportunity for new members to join us in March. The sign-up information will be available in **St. Luke's Chapel on Sunday, March 17th** immediately after service.
- 2 On **Sunday, March 24th** there will be a new member orientation in **St. Luke's Chapel at 11:45am to 1:30pm.**
- 3 The following week, **Sunday, March 31st** there will be a new member ceremony during service. We encourage anyone who is thinking of joining to take advantage of this opportunity to join our membership!

**M**embership with Unity San Diego is an opportunity to make a commitment to your spiritual growth through our church. Many people find many blessings from this process.

## NAME TAG =

If you do not have a name tag from our church, please sign up or call to have your name put on the list. It is easier for everyone if we all have our name tags and wear them.

# Happenings at Unity

Details & Updates

**Arts & Crafts St. Patrick's Day Mini Sale - March 3rd and March 17th from 11-12pm in Wrigley Hall.** We will be featuring scarves, jewelry, wreaths, table runners and decorations, greeting cards, novelty items and more.

**Forgiveness Workshop - Six Sundays, March 3rd - April 7th, 11:45am-1pm on the fourth floor.** Is your life all that you want it to be? If you have tried everything, and your good remains just out of reach, chances are you need to forgive. Forgiveness is the key to health, prosperity, love and spiritual growth. In this experiential class, we will learn about forgiveness and why it is essential. Through exercises and meditation we will access and develop tools that will help us to dissolve the barriers that prevent us from living a life of peace joy health and abundance. Love offering.

**Required Trainings for Unity Interfaith Shelter -** Unity San Diego hosts the 2-week **Interfaith Shelter Sunday, March 24th through Sunday, April 7th.** All volunteers please attend **ONE** training session on **Sunday, March 3rd, or Sunday, March 10th or Sunday, March 17th,** in St. Luke's Chapel. All trainings begin at **11:30am** and last one hour. **Hope to see you there, Aline King, Coordinator. 619-280-2501, ext. 133.**

**Gals Night Out -** The ladies will feed our guests at the Interfaith Shelter on **Wednesday, April 3rd at 5pm.** The menu will be determined closer to the event, but there will be **Bunco with Rashna on the 4th floor following dinner.** Cost is \$10 and proceeds will go to the Youth, but everyone gets cool gifts/prizes. Ladies please consider attending this fun event. **For more information contact Charlyn Earp at scrip@unitysandiego.org or text/call 619-850-6856.**

**Ministerial Search Team Update - from Kathy Davis:** We are SO grateful for Rev. Denese Schellink's work with us through our monthly transitional ministry activities October thru March! Her guidance and support has been invaluable to our team, and her lessons and classes have blessed our congregation.

Our team, the board and staff worked to complete our Ministry Information Packet, which was sent to Unity Worldwide Ministries the first week in February for their review and posting. **Please keep this process and candidates in prayer as they are considering church openings and sending applications through March and into April.**

**Living Room Conversations - April: Climate Change - Sunday, April 7th at 12pm in Wrigley Hall.** Please join us as we discuss this pressing topic. For this month only, we will be the first of the many Unity and CSL ministries to hold this very important conversation. Everyone is invited as we come together to speak our Truth in a safe and loving environment. Lunch will be provided for participants. **For more information contact Karla Lightner at 619-218-6135 or karlalightner@gmail.com.**

**Annual Tea Planning Meeting -** We will meet **March 10th and April 7th at 11:15am in Wrigley Hall** as we plan and check our progress. Your special auction items are needed so bring them to Charlyn at the scrip table.

**Guest Speaker, Mendhi Audlin,** author of **"What If It All Goes RIGHT?"** Join us **April 14th** for the Sunday Lesson and workshop, **"What If Up? - Learning from Your Dreams, Living from Your Vision."** Join us for a special message of hope and possibility! Discover the magical tool that unlocks your creative potential and turns obstacles into opportunities. **Youth soup/salad lunch fundraiser 11:15am, after service. More information soon in future bulletins & website.**

**Tuesday Night Spiritual Recovery Group** had a great seven weeks studying the Unity booklet **"Spiritual Journey from Addiction to Recovery."** On **Tuesday, April 16th,** we will begin a study of **Unity, Recovery and the Biblical 12 Steps. Our group meets in the sanctuary at 7pm on the first, third and fifth Tuesdays of the month.** This group is for those in recovery and for families whose lives have been touched by addiction. **Contact Karla Lightner for more information at 619-218-6135 or karlalightner@gmail.com.**

**The Annual Tea "ParTEA"** will be **Saturday, April 27th from 2pm-4:30pm in Wrigley Hall.** Ladies can sponsor a table. Gentlemen can wear spiffy aprons and serve the ladies. Everyone can donate new or slightly used items for the silent auction/raffle. This is our big fundraiser, so clean out those closets and bring items to the Scrip table by **April 21st.** Then bid on the great items others have donated. We may also have a live auction.

## Gift Card (Scrip) News

It is great to see so many new scrip shoppers this year. If you buy a gift card holder from the book store, it will be even easier to carry it and have it available when you need it. Spring is a great time for cleaning and fixing things up, so we have **Home Depot** and **Lowe's,** and then **American Express** and **Visa** that can be used almost anywhere. The **AmEx** and **Visa** must be purchased with cash or check. We now have **Jamba Juice** and **Rubio's.**

**Check out all the gift ideas for birthdays, Mother's Day, Father's Day and graduation.**  
**For more information contact Charlyn at scrip@unitysandiego.org or by text or phone at 619-850-6856.**



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# THANK YOU!

## SACRED SERVER OF THE MONTH MARTY ELLINGWOOD

**JANUARY** - We began the year hi-lighting the service of Marty Ellingwood. As someone who joined Unity a few short years ago, she has embraced the concept of sacred service by singing in the choir and on the music team, substituting for ushers/greeters, participating in Leadership Development and then coordinating Spirit Groups. If there is a need, Marty raises her hand. We so appreciate Marty's sacred service.

## SACRED SERVER OF THE MONTH VIOLA SCOTT

**FEBRUARY** - Viola Scott has been a member for over thirty years and has served as an usher, greeter, cashier, office worker and board member. She has served at the welcome podium, and on food distribution day, and at the interfaith shelter and annual tea. She is also one of those sacred servers that brings other congregants to church when they need transportation. She has a pretty funny personality too, so we at Unity are blessed with her presence.

Consider serving a few hours a month as an expression of Love In Action-[UnitySanDiego.org/Sacred-Service](http://UnitySanDiego.org/Sacred-Service)