

Faith for Today

OUR VISION - A world powerfully transformed through the growing movement of shared spiritual awakening.

OUR MISSION - Empowering personal growth through positive spiritual principles, inspirational music and community service.



From the MINISTER'S HEART

Dear Unity Community,

I am happy and honored to be your new Senior Minister! My wife Akosua, our grandson Taevion and I are so grateful to be starting this new chapter in our lives with you! We understand Spirit has brought each of us to this point. First, I am going to give a heartfelt thanks as we remember the past. I want to personally honor the 30 years you had with Rev. Blair Tabor and his beloved wife Meredith. In his final newsletter he stated, "I believe our church is poised for a new beginning." The new beginning Rev. Tabor declared is happening right now with all of us! We are starting this new chapter at Unity San Diego. Are you ready for this? I believe you are, and I am ready with you. I acknowledge the great work you have done in preparing your inner sanctuary and the outer sanctuary for this time. There is a phrase I was taught early in my Unity experience, "If no one has told you today they love you; I do. That is precisely how I feel for all of you! Akosua and I started feeling something from deep within bubbling up as we considered the possibility of Unity San Diego becoming our next Spiritual family. I want to partner with you to take this campus to the next phase. One Spirit, One heart, One love. Together we can let love lead the way. Always as you know, this is the church that love built! Thank you so much for creating this possibility for all to receive.

With gratitude,
Reverend Edith Washington-Woods

LETTER FROM A BOARD MEMBER, CATHIE ROBERTSON

The board is pleased and proud to announce the hiring of Reverend Edith Washington-Woods, who will begin her ministry here on July 1st. She comes to us from Unity of Syracuse, New York and has been a Unity Minister for 7 years. Before that she had been an electrician for more than 20 years. When in ministerial school at Unity Village Reverend Edith spent time working in Silent Unity so she is very familiar with the prayer practices we have come to count on in Unity. She is a dynamic speaker and we are pleased she is going to be with us! Reverend Edith is married to Akosua Washington-Woods, a former investigator for the State of New York, who retired when Reverend Edith was hired by Unity San Diego. They both feel passionately about helping others and we will see that in action!

The board would also like to thank the Ministerial Search Team led by Kathy Davis and consisting of Mike Barry, Gretchen Pena, Marty Ellingwood, Gerry Kowalski and Eluna Padilla. They did a wonderful job giving us three wonderful candidates to choose from. We were very fortunate to have them and their insight to help us find who we were looking for!

On July 1st we begin a new chapter in Unity San Diego and it will be exciting to see what directions we move in to guide us into the spiritual transformation we are seeking. It is comforting to know that we are a community built from love and will move forward with that base of support for Reverend Edith and each other.

In love and gratitude,
Cathie Robertson
Board President

Youth MINISTRY

Youth Ministry Sunday Classes 10am

Hello Summer Unity SD!

As we revel in the time of summer, most of our children are enjoying a break from their usual pace of school and activities in one way or another. This brings time for rejuvenation and reflection. As I reflect on our program, two words come to mind: joy and intention. Joy as we embrace our Unity principles to the fullest and intention as we are serious students engaged in learning and living our principles. How rich a life we create when we understand we are the masters of all that is good and right for us.

Within our process of creation our youth program lives and gives out loud. We were honored to host the Official Rally at the beginning of May, and we cannot thank all of you enough who assisted with housing and food needs for our 45 visitors from California, Arizona and Nevada. What a weekend! Kids Camp (3-5 grade) and Uniteen Camp(6,7,8 grades) were incredible as we sent almost all eligible kids to Wrightwood for a week of fun and Unity spiritual growth. Not only did our one eligible kids camper go to camp but both of our Uniteens went as well. Our YOU stepped up and into leadership positions as kids camp and Uniteen counselors. Jim and I were also there working as the Wellness Team to keep everyone healthy. What an incredible experience to share together. This month, we have three USD YOU representatives who will go to Unity Village for the International Youth of Unity program. Ashley and Fiona, and all of those who have been able to experience camp with your help, would like to thank all of you for helping them get there with your financial support and infinite blessings.

This summer the Unikids are studying the powers of Understanding and Will. They are month by month embracing some of Charles Fillmore's most powerful work. The YOU, in working with don Miguel Ruiz, have been taking some time to really ingest the ideas of "Don't Take Anything Personally" and "Don't Make Assumptions". These ideas are easy to say, but to really understand and live takes some time!

I hope you are enjoying the blessings of summer and as always, please feel free to reach out to me with any ideas or thoughts regarding our youth or church. I would love to hear from you! Bfmulvany@gmail.com, 480-282-7731, or stop me in Wrigley Hall for a "hi" or a hug!

Many blessings,

Prayer MINISTRY

Uplift from Your Prayer Ministry

"I AM FREE, I AM UNLIMITED"

The lovely words from this song remind us of our connection to Source in every moment.

What inner limiting ideas are holding us back from sensing this Divine feeling of freedom? Take a moment to breathe into your heart space and be. Acknowledge your true spirit- self and say thank you for my blessings of life. What we resist persists and what we release leads us to new openings for growth and the flow of love. Let this love permeate your every thought and task in this new month. Move forward with joy and the knowledge that you are a loving and beautiful creation.

We pray with you and hold the highest good for you in all circumstances. You are blessed and are a blessing. Thank you for your support of **weekly meditations on the second Wednesday at 11 am in St. Luke's Chapel**. We also appreciate your loving donations to sustain our work.

We love you, we bless you and we behold the free Christ spirit within you,

Your Prayer Ministry

Sacred Service

Save the Date, Saturday, July 27

Western Service Workers Association invites you to their 42nd Anniversary dinner starting at 5:30pm. St Patrick's Catholic Parish, 3585 30th St, San Diego, CA 92104

Minimum contribution of \$5 for individuals and \$7.50 for families. Bring a backpack contribution too. **Contact Aline King at 619-280-2501, ext. 133 for more information.**

August School Supply & Food Drive in Wrigley Hall

Western Service Worker's Association especially appreciates your donations of school supplies such as backpacks, pencils, pens, crayons, socks, lined paper and also canned meats and peanut butter.

Please bring items **each week in August to the orange bins in Wrigley Hall.**

Western Service Workers is an all volunteer association comprised of families who may have two or three jobs in restaurants and hotels in order to meet their needs. Increased utility bills and other rising costs can cause a decrease in food budgets. Just a few cans of food from many of us can make a huge difference in whether families go to bed hungry at night. Our donations can help many. **For more information, please contact Aline King at 619-280-2501, ext 133.**

Many thanks for sharing your abundance!

Youth Calendar of Events

July 7th-11th

International Youth of Unity, Unity Village

July 21st

Youth Brunch Sunday- Wrigley Hall

August 3rd-4th

Youth Intergeneration Connection & Community Event at Unity San Diego

August 18th

Youth Brunch Sunday-Wrigley Hall

2019 Unity San Diego Calendar

**Ongoing Groups
Everyone Welcome!
(619) 280-2501**

**Minister
Reverend Edith
Washington-Woods**

Please Note:

This information is only current at the time of printing. All Classes & Events are subject to change without notice. For accurate & up-to-date postings, please visit: www.unitysandiego.org

SUNDAYS

1st Sunday - **Friendship Potluck Sunday** at 11am
3rd Sunday - **Brunch Sunday** at 11am

Healing Service - 4th Sunday of the month at 12pm in the Sanctuary

A Course in Miracles
9am, in the Tower on the 4th Floor

MONDAYS

Arts & Crafts Group
2nd & 4th Mondays, 10am
Contact Pat Case

TUESDAYS

Feeding San Diego
4th Tuesday, 1pm
Large Parking Lot

Unity San Diego's Spiritual Recovery Everlasting Serenity Group

1st & 3rd & 5th Tuesdays, 7pm in the Sanctuary

WEDNESDAYS

Prayer Meditation
2nd Wednesday, at 11 am in the Tower, St. Luke's Chapel

THURSDAYS

Choir Practice
7pm in St. Luke's Chapel

Yoga with Tamara

6:45pm in the Sanctuary Lobby

MONDAY thru FRIDAY

Prayer Ministry Hours
Noon to 9pm

July

Congregational Potluck - July 7th, after the service in Wrigley Hall

Unity in Our Community Sack Lunches
Tuesday, July 9th and Thursday, July 25th

Christmas in July - July 21st

Youth Brunch - Sunday, July 21st in Wrigley Hall

Collecting for CIRCULATION DAY - From Sunday July 21st through Friday, July 26th before 2pm in Wrigley Hall

CIRCULATION DAY - Saturday, July 27th, from 9am to 12pm in Wrigley Hall

August

All of AUGUST - School Supply & Food Drive in Wrigley Hall

Youth Intergeneration Connection & Community Event August 3rd-4th

Congregational Potluck - August 4th, after service in Wrigley Hall

Unity in Our Community - Sack Lunches - Tuesday, August 8th & Thursday, August 29th

Living Room Conversations - Sunday, August 11th at 12pm, in Wrigley Hall.

Gals' Day Out - San Diego Seal Tour - Saturday, August 17th

Youth Brunch Sunday - August 18th after service in Wrigley Hall

Aloha Sunday - August 25th

New Members - 1st meeting Sunday, August 25th - Orientation immediately after service in St. Luke's Chapel.

New Members - 2nd meeting - Sunday, September 8th, Tour of the church, meet in St. Luke's Chapel

New Members - Spiritual Baptism - Sunday, September 15th during service



Remember, if you feel you cannot give the total amount for any of these things, partial gifts will be accumulated until enough is received.

Upper Parking Lot Repair:
\$17,646 - \$3,668.74 = \$13,977.26
Projector and Screen Installation in the Sanctuary:
\$9,200 - \$5,931.35 = \$3,268.65



Sunday Lessons

with Reverend Edith Washington-Woods

July 2019

- July 7 "In the Beginning"
- July 14 "Who Am I?"
- July 21 "Claiming Our Truth"
- July 28 "Why Am I Chosen?"

August 2019

- August 4 "It's Now or Never"
- August 11 "Expanding My View"
- August 18 "The Willingness to be Healed"
- August 25 "Willing To Be Transformed"

Healing Services

Sundays, July 28th and August 25th at 12pm in the Sanctuary - The powerful activity of God's healing power is available to us when we are in conscious connection with Spirit. Come join Rev. Karla Lightner, as we go within to access the healing power that already exists in each and every one of us. Love offerings are graciously accepted.

Receive Daily ePrayers, Weekly eNews and/or Bi-monthly Faith for Today Newsletter sent to your email.

If you would like to receive any or all of these, sign up on our website at <https://www.unitysandiego.org/enews>.

Memorial

Roland Bleu

Date of birth - November 8, 1932
Passed - April 30, 2019

A member of our Unity family, Roland Bleu made his transition on April 30th. Not only was Roland a long-time member of Unity San Diego, he WAS Unity San Diego! His smiling face, his willingness to share personal life experiences and his love for all people, made Roland stand out as a man who made a positive difference. He held "Father Love" groups, attended many classes and always had a seat at the table of "Living Room Conversations." His spiritual practice involved consulting "Abba" in everything he did.

Roland's love of "Abba" and Unity were not just expressed in his vast knowledge, but in his heartfelt dedication and deep commitment to Unity Principles and a positive way of life. Roland was a man who walked his talk and his inner Christ shone through brightly. He will be deeply missed.

New Membership

Membership with Unity San Diego is an opportunity to make a commitment to your spiritual growth through our church. Many people find blessings from this process.

- 1 We will be having a new member sign-up, orientation and brief meeting after service on Sunday, August 25th in St. Luke's Chapel.
- 2 The following Sunday, September 8th, orientation will include a tour of the church and will include information on Unity's history, teachings, our church vision, meditation and the four commitments of membership. Those are: Commitment to your own spiritual growth, regular attendance, daily prayer, proportional giving and spiritual service.
- 3 On Sunday, September 15th, there will be a new member spiritual baptism during the service.

Happenings at Unity

Details & Updates

Congregational Potluck - We will be renaming Friendship Sunday to **Friendship Potluck Sunday** beginning **July 7th**. Many people requested we have a regular potluck once a month and the Friendship Sunday volunteers agreed they could help with it. **So, please bring your best dish on that Sunday to welcome Rev. Edith Washington-Woods, our new minister!**

CIRCULATION DAY - On **Saturday, July 27th, from 9am to 12pm**, Unity San Diego will hold a **Circulation Day** in **Wrigley Hall**. This is a neighborhood event, where people bring things they are ready to release, and select other items to take home. It's just like a Yard Sale, only everything is **free!**

Please bring your gently used, clean clothing and household items to **Wrigley Hall** from **Sunday, July 21st through Friday, July 26th before 2pm**. (No undergarments or bathing suits, please).

Volunteers are needed to help set up on **Friday, July 26th at 9am** and to box up leftover items on **Saturday, July 27th at noon**.

Please contact Reverend Karla at **619-218-6135** or karlalightner@gmail.com for more information.

Unity S D Book Store - Ho! Ho! Ho! It's **Christmas in July**, right here in the Unity Bookstore. Come and get into the spirit of Christmas with Holiday tunes and Apple Cider. You can shop for your Christmas cards and find that perfect gift for all your little elves.

Choir - Our Choir will be on summer break from **Sunday, June 23rd until Thursday, August 28th**, when choir practice will resume at **7pm in St. Luke's Chapel**. Before that, they will start the new season off with a fun-filled **Choir Party on August 21st!** If you're thinking that this is finally the time to join the choir, please come to the party - there will be lots of food and drinks, and it will be a wonderful opportunity to meet everyone.

Our thanks go to Andy Ingersoll for playing piano and directing the Music Team throughout the summer for Sunday services. Andy has been the go-to substitute for the past 6 years while our Music Director, Ron Councill, is on vacation. Andy will be here through **July 28th**, so please give him a warm reception and a kind thank you for his service. Ron will be returning on **August 4th**. **For more information about joining the choir, please speak to a Music Team member or contact Ron at ron@unitysandiego.org.**

Living Room Conversations -

Please join us on **Sunday, August 11th at noon** in **Wrigley Hall** as we have the conversation entitled "**United or Divided.**"

We will discuss what core values we as Americans fundamentally agree on and how we can work together to solve issues in our community, the nation and in the world. **For more information contact Rev. Karla at 619-218-6135 or karlalightner@gmail.com.**

Gals' Day Out - **Saturday, August 16th**. We will be taking the **San Diego Seal Tour** and explore city highlights by land and by sea on San Diego's original amphibious or "duck" tour. We will board our amphibious Seal Tour in downtown San Diego's Seaport Village at the Embarcadero. We'll drive along the streets of Seaport Village and Harbor Drive, before venturing into the Bay - an experience made possible by your bus's transformation into a boat. We will cruise past Sea World, Vacation Isle, Quivira Basin and other coastal attractions and learn fun facts about each sight through our guide's narration on this fun and family-friendly tour.

The tour ends at Seaport Village, where it began. Cost is \$42 per person and fee must be paid in advance by July 10 in order to make the reservation. Tour is 1 1/2 hour long. The ladies will lunch in Seaport Village upon their return. **For more information contact Charlyn at the Scrip desk.**

Unity in Our Community

Sack Lunches - We are actively involved in our homeless outreach. Please join us each month as we make sack lunches and distribute them downtown. We will meet on the following dates in **Wrigley Hall at 4pm** to make lunches and leave the church at **5:30pm** to distribute them. **Here are the dates: Tuesday July 9th, Thursday, July 25th, Tuesday August 8th, and Thursday, August 29th.**

Tennis Shoe and Hat Drive - **During the month of July** we will be collecting new and gently used tennis shoes, sandals, flip flops and hats. These will be delivered along with sack lunches to those in our downtown homeless community. **Please place your donations in the bins in Wrigley Hall through the first week in August.**

Gift Card (Scrip) News

Summer is finally here! Are you ready? Do you know you can preorder travel scrip for airlines, hotels and restaurants? Doing some summer cleaning/creating? We have **Lowe's, Home Depot, Bath and Body Works, Bed Bath and Beyond, Michael's and Joann's**. Organizing? Pre-order **Container Store** scrip. Just stop by the scrip table and find the scrip you will need for your best summer ever. **Check out all the gift ideas for birthdays, Mother's Day, Father's Day and graduation. For more information contact Charlyn at scrip@unitysandiego.org or by text or phone at 619-850-6856.**



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THANK YOU!

FLOR SANCHEZ - Sacred Server for the Month of May

Flor Sanchez has given so much of her time and energy to accommodate the transitional minister and the three visiting ministers as we ventured through this process. She was always willing to drive them to church and back and sometimes waited several hours as they met with staff and others. This she did with her amazing smile and positive attitude. She is always ready to serve. She has been on the board for several years and now has taken on the responsibility of Vice President this year.

ALINE KING - Sacred Server for the Month of June

Aline King serves Unity in so many ways outside of her job description as Prayer Ministry Director. She prepares the order of service for all platform sacred servers, works with Sharla and Mike Barry to orchestrate the Interfaith Shelter, oversees our donations to WASA, hosted two tables at this year's tea, and donates many of the items we raffle and auction. She gives her time and talent to us here at church as she reaches out to the community as well. What a light we have in her!