

Faith for Today

OUR VISION - A world powerfully transformed through the growing movement of shared spiritual awakening.

OUR MISSION - Empowering personal growth through positive spiritual principles, inspirational music and community service.

From the BOARD PRESIDENT'S HEART

Dear Ones,

We have all been through a very large transition in the past year and the process will be coming to an end in June.

I wanted to thank you all for being there and praying with us and knowing that we are heading in the right direction. Spirit has been leading us, often not in a way we expected, but nevertheless, it has been a real spiritual journey we have undertaken. From my viewpoint the process has revealed that our community is so bonded and strong in Spirit. That has made my job as leader of the board much easier and it has helped the whole board function with knowledge that the congregation was backing us up. For that we are all grateful! Even as I write this there are changes in the wind and Spirit is right beside us all. God has been keeping us in His/Her care and it has been a wonderful experience.

Thank you one and all for helping us make this happen!

In love and gratitude,
Cathie Robertson

LETTER FROM A BOARD MEMBER, CATHIE ROBERTSON

Dear Unity Community,

By the time you read this, we will be well into the ministerial selection process! May is the month our 3 final candidates come to speak to us. If one cannot make it that month we will be having a weekend in early June. Our goal is to have the new minister in place by July 1st!

On the particular weekend a candidate is here, he or she will be meeting with the board and staff on a Friday. Saturday she or he will conduct a workshop and Sunday he or she will speak to the whole congregation during service. We will do this three times and each time you will be asked for feedback. When they are finished the congregation will be asked for final feedback as to their favorite and why. The board will then meet with the search team to discuss the results and then the board will ultimately decide. We have been through a very rigorous process with our transition and while it didn't always make sense at the beginning, by the time Rev. Denese said "goodbye," it was very clear we did the right thing.

We are progressing in other things such as our community outreach (Unity in Our Community) and we will be having new, exciting and diverse small groups which have helped us a great deal. These are exciting times and I am happy we are all in this together being led by Spirit to show us the way!

In love and gratitude,
Cathie Robertson
Board President

Youth MINISTRY

Youth Ministry Sunday Classes 10am

Hello Dear USD Community!

Are you enjoying the green we have been blessed with from our rainy winter? I am loving the color and know with the sun showing up more and more we are heading into summer time!

As we head into the end of the school year and see summer on the horizon, we reflect on all we have accomplished with our church community. Our YOU'ers have been volunteering with our Unikids and real friendships are forming there. We all worked on a service project for the nonprofit Wee Companions, cutting fleece to be used as homes for small animals. We visited with some small animals to remind us that it is important to love and care for all even and especially the wee ones. Our Unikids (and truly all of us!) so clearly were connected to the small animals (guinea pigs) and so easily find loving a gift to give out freely.

Fiona Mulvany has started volunteering in our book store and we are excited to invite more teens into service to our church. Philip Martinez has been ushering during the service for a while now showing us clearly love in action! For the blanket drive in February our YOU'ers created "Love tags" that were laminated and put on each item to remind every person receiving a blanket or clothing that they are always loved and cared for by us. At the end of March, our YOU'ers took part in the Interfaith Shelter by providing lunch to our guests. As always, volunteering is a moving experience. As we move into summer we'll expand into more service.

We also know that many of you have gifts to share dances, meditations, particular reading material that has moved your soul and we'd love to have you share with us just once or many times that which you have in your spiritual toolbox. We try in the Youth Department, to build up the tool boxes of our children. Knowing that when they are stressed by a test, or scared by something coming their way, they can remember their Unity teachings and have a tool to help them through a tough time. Please let me know when you'd like to come in and experience our wonderful youth and add your wrench or hammer to our toolbox. :)

As always, we are in such gratitude for the love and support we receive from all of you, how you support us with kind words and actions, as well as helping us fund our events by participating in our food fundraisers and bake sales. Thank you, thank you, thank you! Feel free to contact me at (480)282 7731 and bfmsdyouth@gmail.com or talk to me in Wrigley Hall.

With love and blessings and wishes for a beautiful summer!
Barb Mulvany, Youth Director

Youth & Family Ministry CALENDAR May/June 2019

May 3rd - 5th
Official Rally YOU event, Unity San Diego

June 24th - 28th
Kids and Uniteen Camp, Wrightwood, Ca.

Prayer MINISTRY

May Nurturing Prayer Practice

In May as we celebrate the glories of Spring and Mother's Day, let us rejoice in the mothering love which comes from Spirit and from so many persons on the spiritual path. Men as well as women can be nurturing presences in our lives. How are we showing up each day to be that loving, compassionate presence for another? Are we centered in our own care?

In her book, "How to Let God Help You," Myrtle Fillmore actually shared a formula to bring an end to all undesirable states (related to health, lack, relationship issues, emotions, anything!)

Simply:

- Stop believing in them. (Stop giving them power.)
- Make up your mind that you're not going to stand for them, not a moment longer;
- Watch your thoughts, attitudes, and actions to see that you do not invite the undesirable states to return.

We hold you in prayer continually. We love to hear from you by phone, email or prayer card. We now have an easy form on our website for prayer at www.unitysandiego.org/prayer-requestintention

We are grateful for your continuing contributions to our ministry. We love you, we bless you and we behold the resurrected Christ consciousness in you!!

Many Blessings of Joy, Your Prayer Ministry

Sacred Service

How do you want to be of service to Unity? It can be as easy as signing up for clean up crews after big functions like the Spring Tea. It can be helping out in the bookstore on Sunday for an hour or two after service. How about coming in on a Saturday to help clean out storage spaces. Then we do need one person who would like to lead the Mentor Team. The Board and Sacred Server Coordinator are working on this, but would love someone to take it on as their service. Talk to Charlyn at the scrip table.

May WSWA Food Bank This month we ask for canned meats, peanut butter and cereals for our **WSWA Emergency Food Bank**. They would be happy for you to visit their site at 3014 Imperial Ave, San Diego, 92102. It is an all-volunteer organization composed of workers in hotels, restaurants and many other fields including In-Home Supportive Services. **For more information, please contact Aline King at 619-280-2501, ext. 133 or Brandon McDonald, Organizer, at 619- 238-9763. Many thanks.**

Unity San Diego Thanks Sacred Servers for Interfaith Shelter

Great thanks to the many many Sacred Servers who stepped forward with time, talent and treasure to run another successful Shelter. Our guests loved our grounds, our food and our compassion for each of them in a time of transition. We continue to bless our guests in their journey.

**Ongoing Groups
Everyone Welcome!
(619) 280-2501**

Please Note:

This information is only current at the time of printing.

All Classes & Events are subject to change without notice. For accurate & up-to-date postings, please visit: www.unitysandiego.org

SUNDAYS

1st Friendship Sunday 11am
and 3rd Brunch Sunday 11am

Healing Service - 4th Sunday
at 12pm in the Sanctuary

A Course in Miracles
9am, in the Tower,
on the 4th Floor

MONDAYS

Arts & Crafts Group
2nd & 4th Mondays, 10am
Contact Pat Case

TUESDAYS

Feeding San Diego
4th Tuesday, 1pm
Large Parking Lot

Unity San Diego's
Spiritual Recovery Group
1st & 3rd & 5th Tuesdays,
7pm in the Sanctuary

WEDNESDAYS

Prayer Meditation
2nd Wednesday, at 11 am in
the Tower, St. Luke's Chapel

THURSDAYS

Choir Practice
7pm in St. Luke's Chapel

Yoga with Tamara
7pm in the Sanctuary Narthex

MONDAY - FRIDAY
Prayer Ministry Hours
Noon to 9pm

Come Worship with Us - Everyone's Welcome!

SUNDAY CELEBRATION SERVICES

10am in the Sanctuary

Youth & Family Ministry

Youth Ministry Classes 10am

2019 Unity San Diego Calendar

May

Visits from our prospective new ministers for Unity San Diego
May - all month - Sunday Lessons and Workshops

Food Drive for Western Service Workers Association (WSWA) -
May - all month

Official Rally YOU event -
Unity San Diego - May 3rd-5th

Arts & Crafts Group Large Spring & Mother's Day Sale - Sunday, May 5th
11am-12pm, in Wrigley Hall

Spiritual Recovery Group -
Tuesday, May 7th and 21st at 7pm in the Sanctuary

The Arts & Craft Group Father's Day and Patriotic Mini Sale on Sunday, May 19th 11am-12pm, in Wrigley Hall

Free Reiki - The San Diego Reiki Corps loving provides free Reiki treatments to those who attend the Tuesday Night Spiritual Recovery Group at 6:30pm on the third Tuesday of each month.

June

Gals Day Out Labyrinth Walk in Poway - June 1st, from 11am-1:30pm

The Arts & Craft Group Father's Day and Patriotic Mini Sale on Sundays, June 2nd & 16th 11am-12pm, in Wrigley Hall

Living Room Conversations - Mental Health, Addiction and Incarceration - Sunday, June 9th at 12pm Wrigley Hall

Kids and Uniteen Camp - Wrightwood, California - June 24th-28th

Guest Speaker/Singer/Songwriter, Daniel Nahmod - Speaking at morning service and presenting a Concert at 12pm in the Sanctuary - Sunday, June 23rd

Free Reiki - The San Diego Reiki Corps loving provides free Reiki treatments to those who attend the Tuesday Night Spiritual Recovery Group at 6:30pm on the third Tuesday of each month.



Remember, if you feel you cannot give the total amount for any of these things, partial gifts will be accumulated until enough is received.

Upper Parking Lot Repair:

\$17,646 - \$3,648.74 = \$13,997.26

Projector and Screen Installation in the Sanctuary:

\$9,200 - \$5,734.80 = \$3,465.20



Sunday Lessons

Our May and June calendar is quite different this time because we will be scheduling speakers who are applying for the position of Minister here at Unity San Diego. Watch for upcoming bulletin announcements and flyers to hear more as the speakers' schedule is determined.

May 2019

- Honoring Memories -

We are now and forevermore one in the love of God.

- May 5** "Memories" - Rev. Karla Lightner
May 12 Mother's Day - Speaker *TBA
 *(to be announced)
May 19 Speaker TBA -
May 26 Memorial Day Weekend - Speaker TBA -

June 2019

- Letting Go -

I let go of any concern and allow the good to unfold in my life.

- June 2** Speaker TBA -
June 9 Speaker TBA -
June 16 Father's Day - Speaker TBA -
June 23 Speaker TBA -
June 30 Speaker TBA -

Did You Know?

A gift to our church of appreciated stocks, mutual funds or other property, could be a great tax advantage to you. Cathie Robertson can direct you to more information. Please ask.

If you plan to include our church in your estate, or on a deed of trust, insurance or any other vehicle, please use the full legal name and address of our church:

**Christ Church Unity, San Diego,
3770 Altadena Ave.,
San Diego, California 92105.**

Healing Services

Sundays, May 26th, and June 30th at 12pm in the Sanctuary - The powerful activity of God's healing power is available to us when we are in conscious connection with Spirit. Come join Rev. Karla Lightner, as we go within to access the healing power that already exists in each and every one of us. Love offerings are graciously accepted.

Memorials

Nicki Vesco

Date of birth - December 13th, 1948

Passed - April 2nd, 2019

Nicki Vesco, one of our angels, has taken flight. She made her transition April 2nd, after a brief illness, and would be missed by all who knew and loved her.

Known for her bright smile and twinkling eyes, she was always filled with enthusiasm and optimism. She served our church community been an active member of our "Angels in the Wing" committee, where she served families in need and participated in several fundraisers needed for our church. She willingly volunteered her time and treasure to serving others.

Nicki's Love for her church and live spirit of enthusiasm for life will be missed. "Fly on Angel!"

New Member Opportunity

- 1** We will be having an opportunity for new members to join us in March. The sign-up information will be available in **St. Luke's Chapel on Sunday, May 26th** immediately after service.
- 2** On **Sunday, June 2nd** there will be a new member orientation in
- 3** The following week, **Sunday, June 9th** there will be a new member ceremony during service. We encourage anyone who is thinking of joining to take advantage of this opportunity to join our membership!

Membership with Unity San Diego is an opportunity to make a commitment to your spiritual growth through our church. Many people find many blessings from this process.

Happenings at Unity

Details & Updates

Friendship Sunday is looking for food or monetary donations for Friendship Sundays. We are always grateful for the wonderful, delicious items that people bring in to share with our fellow congregants. It can be dropped off in the church kitchen before Sunday service. If you can't donate food please leave your generous love offering in the jar at the table. Thank you.

Gals' Day Out = June 1st - from 11am to 1:30pm. We will be traveling to Poway to "Honor the Divine Feminine Within" with ceremonies and a peaceful **Labyrinth Walk**. A labyrinth is a sacred geometric symbol with a unique pattern designed to shift awareness from left brain to right brain as you walk, inducing a higher state of consciousness. Directions and sign-up sheets will be available in the tower lobby. Let Charlyn know if you will want to carpool or are willing to drive others to Poway. A light lunch will be served. **There is a \$20 fee.**

Arts & Crafts Large Spring & Mother's & Father's Day Sales = (Mother's) Sunday, May 5th, (Father's) June 2nd and 16th from 11am to 12pm in Wrigley Hall. We will be featuring 5 tables of scarves, jewelry, wreaths, spring towels, table runners and decorations, greeting cards, novelty items and more.

Living Room Conversations = **Mental Health, Addiction and Incarceration Sunday, June 9th at 12pm in Wrigley Hall.** Please join us as we discuss this pressing topic that affects all of us no matter who we are. Unity San Diego, along with fifteen other Unity and CSL ministries will be holding the same conversation at each of our spiritual centers on the same day. There is power in numbers and as we in the New Thought Community join together to create safe places for these conversations, we become a voice of love and connection in the world. Everyone is invited as we come together to share our personal beliefs. Lunch will be provided for participants. **For more information contact Rev. Karla Lightner at 619-218-6135 or karlalightner@gmail.com.**

Unity San Diego's Tuesday Night Spiritual Recovery Group had a great seven weeks studying the Unity booklet "Spiritual Journey from Addiction to Recovery." Beginning **Tuesday, May 7th**, we will begin a study of "Unity, Recovery and the Biblical 12 Steps." Our group meets in the sanctuary at 7pm on the first, third and fifth Tuesdays of the month. This group is for those who are in recovery and for families whose lives have been touched by addiction. **Contact Reverend Karla Lightner for more information at 619-218-6135 or karlalightner@gmail.com.**

Gift Card (Scrip) News

Spring has sprung and summer isn't far behind! Are you ready? Do you know you can preorder travel scrip for airlines, hotels and restaurants. Doing some spring cleaning/creating? We have **Lowe's, Home Depot, Bath and Body Works, Bed Bath and Beyond, Michael's and Joann's.** Organizing? Pre-order **Container Store** scrip. Just stop by the scrip table and find the scrip you will need for your best spring ever. **Check out all the gift ideas for birthdays, Mother's Day, Father's Day and graduation. For more information contact Charlyn at scrip@unitysandiego.org or by text or phone at 619-850-6856.**

Our Ministerial Search Team made up of Mike Barry, Kathy Davis, Marty Ellingwood, Gerry Kowalski, Eluna Padilla and Gretchen Pena, has been receiving applications since February 25th. Our opening was posted internationally by Unity Worldwide Ministries thru April 15th, 2019. We've blessed and released a few of them, and have begun video conference interviews with those we feel most appropriate based on resumes and video links reviewed so far. Reference checks will be made on our top candidates after their interviews, and then top choices will be given to the board for their interviews, consideration and decision as to which three will be invited here from May to early June for candidate presentation weekends.

Though your presence is valuable every week, be sure to attend each Sunday in May to evaluate our candidates. It's OUR spiritual home we're tending to.

Sincerely, Kathy Davis

P.S. I would be remiss to not mention that Aline King and Cynthia Giammarinaro were valuable team members in our initial search team process, and they each are greatly appreciated. Cynthia G, too, went above and beyond helping get our Zoom video conferences set up recently, and I'm deeply grateful for her assistance!

Daniel Nahmed, singer/songwriter, will speak and do the special music **Sunday, June 23rd at the 10am service and present a concert at 12 noon for a suggested donation of \$20.** Daniel has written many of the most popular songs sung in Unity churches worldwide, including *Love Is My Decision, One Power, Swing Wide The Doors, When I Pray, My Soul Is Welcome Here, Last Song* and many more.

His music has been heard of *American Idol, The Today Show, The Super Bowl, The Voice and Saturday Night Live*, and is sung by soloists, choirs and congregations of numerous faiths around the world. He will present a special solo concert appearance following the morning service. You will experience Daniel's extraordinary three octave vocals, human and humorous stage presence, and of course, his unforgettable catalog of inspiring original songs. Don't miss this unique opportunity to enjoy one of the finest most successful independent singer-songwriters in the United States today.

The San Diego Reiki Corps loving provides free Reiki treatments to those who attend the **Tuesday Night Spiritual Recovery Group at 6:30 pm on the third Tuesday of each month.**



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(619) 280-2501

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www.UnitySanDiego.org

THANK YOU!

SACRED SERVER OF THE MONTH

KATHY DAVIS

MARCH Sacred Server was our own song bird, **Kathy Davis**. She not only blesses us with her melodic voice every Sunday as a member of the music team, but she also serves as a Prayer Chaplain and writes the Thursday email prayer. Most recently she is spearheading the Ministerial Search Team where she not only reports to us, but she gathered together and wrote a great deal of the information sent to Unity to identify our church to prospective ministers. She always helps with the Interfaith Shelter, the Annual Tea and Picnic, sells scrip and routinely joins all clean-up crews---a true gem to our congregation.

SACRED SERVER OF THE MONTH

ANDREW MADRUGA

APRIL Sacred Server was **Andrew Madruga**. Here is another person ready to jump in and help. He is especially helpful to Ron with all things that needed for concerts, speakers, etc. He climbs up on the tallest ladder, risking bodily injury to adjust or change lights, speakers and such, and often giving up a Friday evening or Saturday to move parts of the stage and equipment as needed. He adds great depth to the voices of the music team and delights us with his solos and winning smile. You can also hear him read the Daily Word Friday through Sunday. He is appreciated.