

# Faith for Today

OUR VISION - A world powerfully transformed through the growing movement of shared spiritual awakening.

OUR MISSION - Empowering personal growth through positive spiritual principles, inspirational music and community service.

## Heart 2 Heart Connections



### Dear Unity Community,

March is typically the time of the year we start to prepare for **Lent**. However, **Lent** can start in February. **This year, it begins on March 2nd and continues until April 16th which is the day before Easter.** Many associate **Lent** with a time to fast, pray and give of oneself to others. Beginning with the first day of **Lent** which is **Ash Wednesday**, we can set an intention to incorporate each of these in our lives. I invite you to make a commitment to “fast.” To accomplish this, we can work on releasing any negativity in our lives. We can embrace positive thoughts, actions, reactions, and being around positive people. We can promise to pray and meditate for at least five minutes each day. We can do something for someone with the intention of selfless service. That can be achieved by paying for someone’s coffee at a coffee shop or taking a baked gift to a neighbor. Practicing fasting (releasing negativity), praying and giving of ourselves to others during **Lent** are ways for us to express more of our spiritual essence and to deepen our understanding of God’s presence within us. It is also a way to prepare us for the awakened consciousness we experience on **Easter morning**. As we embark on this journey may we be touched and moved by our capacity to embrace new ways of living. May each of us experience infinite possibilities of love, joy, and happiness beyond measure.

With love and appreciation,  
Rev. Edith

## From the 12 Powers ...

### March • Wisdom

James, son of Zebedee  
Pit of stomach - Color: Yellow

The ability to evaluate, discern,  
apply what you know.

I am guided by divine wisdom in every  
thought, word and action.



### April • Love

John

Back of heart - Color: Pink

The ability to attract, unify and desire.

I am a radiating center of love.

# Letter from our new Board President, Amy Lint



Amy Lint

## Dear Congregation of Oneness,

*"Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself." ...Rumi*

I lived much of my life in the category of wanting to serve by changing the world. I focused on seeing the wrongness, the injustice, global poverty, and the pain and suffering.

Today I celebrate the journey that has led me to studying New Thought ageless wisdom and I have refocused my perspective. My mind cure is on redirecting my energy to become the agent of change by transforming me!

I have been attending Unity San Diego for the past six years with my family and we are grateful to live in the neighborhood. I joined the Board in May of 2020 to fill a vacant seat on the board as an alternate. Then at the 2021 Annual Meeting I was voted to serve a three year term. This year, spirit is calling me to transformative leadership. It is an honor to go deeper into this opportunity and the practice of giving and receiving by becoming the Board President this year.

As we emerge from the past two years of pandemic induced sense of separation, I am reminded that this is the opportunity to embark on its polarity, a sense of connection! Will you join me in being that source of connection? What quality will you give? As part of the vision to be the beloved community, I look forward to the coming year on this path together.

With peace, love, and abundant joy!  
Amy

If you know of someone who is not getting their **Faith for Today** newsletter either by postal delivery or email contact us at [fft@unitysandiego.org](mailto:fft@unitysandiego.org) to let us know.



**Masks are no longer required for vaccinated adults. Anyone can continue to wear them if they want. It is required in the Youth Ministry.**

3770 Altadena Avenue, San Diego, CA 92105  
Office & Bookstore (619) 280-2501  
Prayer Ministry (619) 282-7609

Daily Word Line: (619) 281-LOVE (5683)  
Church Email: [unitysandiego@gmail.com](mailto:unitysandiego@gmail.com)  
Prayers: [PrayerMinistry@UnitySanDiego.org](mailto:PrayerMinistry@UnitySanDiego.org)

  
**unity**<sup>®</sup>  
**San Diego**  
a spiritual community



# Youth & Family MINISTRY

## Hello Unity San Diego!

**I bring you blessings, peace, excitement, joy, grace and love.** I am truly humbled by this opportunity to grow with our youth ministry. I look forward to the endless possibilities.

We've all continued to face challenges, but we have weathered them well.

Despite this, our young people continue to engage, share and prosper. We have continued to welcome our children each Sunday with various lessons, mindfulness activities and a craft relevant to the lesson discussion. We see their individualized expressions of Spirit and give these gifts to our community. We see their light shining through in the way that our founder Myrtle Fillmore saw in young people when she started Wee Wisdom. We see the Christ in them and thus in ourselves!

Some of our March programming will start off with **Family Sunday** in the sanctuary on **March 6th**. Our young people will leave after the book used for the lesson and go to Wrigley Hall for continuation of their lessons for that week. Since it is **Women's Herstory Month**, we'll do a lesson featuring powerful young women who have contributed to a better world community. As always, we incorporate basic **Unity principles** and the **12 powers** in each lesson. We'll also continue with the **64 days of peace and non-violence** that we have been doing since the last Sunday in January. A couple of us will be attending the **UniTeen Retreat in Prescott, AZ March 12th-14th** and we look forward to meeting in-person with some of the young people who have been online for the last twenty-two months.

The **first Sunday in April** will again be **Family Sunday**. Since it is **Palm Sunday and Easter** this month, we'll be incorporating lessons around rebirth and spirituality. There will be some Easter surprises as well. **Have your children come dressed in their Easter best for the treats.** Look forward to activities for the family that will include interactive discussions and games. We'll continue our exploration of mindfulness and gratitude, along with kindness and empathy. **The official YOU rally will take place in Phoenix, AZ April 22nd-24th** and again sharing in-person will be a big part of this. There will be another dream, vision, affirmation board workshop this month as well since there was a request to do more.

We look forward to **new curriculum being developed by YFM Directors, including myself, and Unity Worldwide Ministry teams** from across the nation, that have been meeting throughout the last year to step things up. We have been using some of this, as it develops throughout the last several months and will continue to create more powerful lessons as things roll out.

This is a small sample of what's in store over the next couple months. We will continue to keep Spirit and our young people growing because they are a blessing, and they are blessed!

**Stay tuned; the Youth and Family Ministry has much to do and much to say! Thank you for your trust and continued support. In gratitude. Peace!**

Akosua Washington-Woods  
Youth & Family Ministry Director  
LUT – Youth & Family Ministry & Adult Education  
[akosua.yfm.sandiego@gmail.com](mailto:akosua.yfm.sandiego@gmail.com)

## Hey there!

The Youth & Family Ministry team is seeking volunteers. We have toddlers to teens, and we would love to have you join us. You could teach a lesson, assist with snacks, set up/clean up, support fundraisers, bring new ideas, it's limitless!

We are looking to hire a couple of childcare workers for assistance as well.

If you or someone you know might be interested,  
please contact Akosua at [akosua.yfm.sandiego@gmail.com](mailto:akosua.yfm.sandiego@gmail.com) Thanks!

# The Prayer MINISTRY sends you Eternal Love for Easter and Always

## Love Forever by Joni Buehner

If I were the trees...

I would turn my leaves to gold and scatter them toward the  
sky so they would circle about your head and fall in piles at your feet...

so you might wonder.

If I were the mountains...

I would crumble down and lift you up so you could see all  
of my secret places, where the rivers flow and the animals run wild...

so you might know freedom.

If I were the ocean...

I would raise you onto my gentle waves and carry you across the seas to swim with the whales  
and the dolphins in the moonlit waters,

so you might know peace.

If I were the stars...

I would sparkle like never before and fall from the sky as gentle rain,  
so that you would always look towards heaven and know that you can reach the stars.

If I were the moon...

I would scoop you up and sail you through the sky and show you the Earth below in all its  
wonder and beauty,

so you might know that all the Earth is at your command.

If I were the sun...

I would warm and glow like never before and light the sky with orange and pink,  
so you would gaze upward and always know the glory of heaven.

But I am,

and since I am the one who loves you, I will wrap you in my arms and kiss you and love you with  
all of my heart.

And this I will do until...

the mountains crumble down...

and the oceans dry up...

and the stars fall from the sky...

and the sun and the moon burn out...

And that is forever.

We love to pray with you. **Call us between 12pm and 5pm, Monday through Friday, (619)282-7609.**  
**Join us the second Wednesday, March 9th and April 13th,** for meditative music and prayer on the  
Unity San Diego Facebook page. Thank you for your contributions for our work.

Many Blessings of love, peace and joy,  
Your Prayer Ministry

## Sacred Service Update - El Nido Apartment

We send blessings to the current family in our El Nido sponsored apartment as they seek permanent housing. **They may move by the end of March 2022.** At that time, watch for information in eNews for volunteers needed to help move new items in for the next family. **We will need a U-Haul truck driver and around 6 strong helpers since the apartment is upstairs.**

We still need a new toaster, a kitchen trash can with swinging lid, non-perishable food such as beans, rice and canned goods.

Thank you for your ongoing support of time, talent and treasure for this important family endeavor.

Contributions are welcome in money and in goods. Contributions can be made to Unity San Diego with El Nido in the Memo Line.

**Thank you for your loving support, Aline King [ankunity@gmail.com](mailto:ankunity@gmail.com)**

## 2022 Interfaith Shelter Network News

**The Interfaith Shelter Network (ISN) has elected that for the safety of all we are going to host in five hotels this season of 2022.** The current cost all-inclusive for hotel for 1 night for 1 household is \$115. A household can be up to 5 individuals. Food costs per individual are \$18/day.

It is not known how many households we can serve because it is all dependent upon funding. Interfaith Shelter Network wants to ensure that our guests have the maximum amount of time to stabilize, meaning about 10-12 weeks.

Generous donations are beginning to arrive for funding for hotel stays, food, and placement housing costs. It is most helpful that any funding sent be with a note in the memo specifying your **Unity Inland Branch** for all needs. This allows the flexibility to utilize it where the greatest need is, be that hotel costs, food costs, or housing placement costs. However, if you wish to direct towards a specific avenue, it will be honored.

Please make checks payable to Interfaith Shelter Network with Unity Inland Branch in the memo section. Any amount is delightful and very helpful!

**Mail to: Interfaith Shelter Network, Housing Program Mgr. 3530 Camino del Rio North Suite 301, San Diego, Ca. 92108** Many thanks for your participation through at least the end of June, 2022.

Here are some outcomes from July 1st-December 31st, 2021:

11,448 sheltered Bed Nights, 118 Adults, 89 Children, 34,344 meals, 38 individuals went to Transitional Housing, 67 People went to Permanent housing.....50.72% of population transitioned into housing.

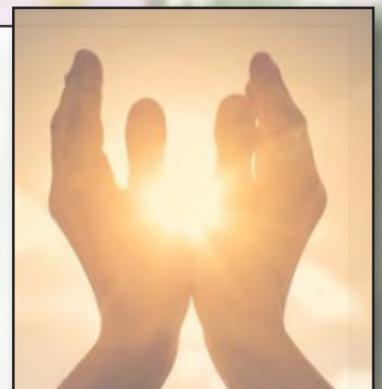
23 gained income. 57 maintained income.

**For further questions, email Aline at [ankunity@gmail.com](mailto:ankunity@gmail.com)**

Blessings and many thanks, Unity San Diego Organizer, Aline King

## Morning Prayer & Meditation on Facebook

**Please join us Monday through Friday at 9am (PDT) on Facebook** fifteen minute time of prayer, reflection and meditation led by a different spiritual teacher each day to help you become centered and grounded as you begin your morning. Can't make 9am? Just log into **[unitysandiego.org](http://unitysandiego.org) anytime and watch the Morning Prayer and Meditation which is archived on our YouTube channel.**



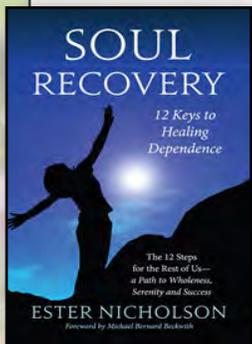
# Happenings

**Healing Services** will be held **Sundays, March 20th and April 24th, 2022 at 1pm in person in St. Luke's Chapel AND on Zoom.** The powerful activity of God's healing power is available to us when we are in conscious connection with Spirit.

Please join Rev. Karla Lightner, as we go within to access the healing power that already exists in each and every one of us. Love offerings are graciously accepted. **For more information, contact Rev. Karla at (619) 218-6135 or revkarlalightner@gmail.com.**



Rev. Karla Lightner



## **"Everlasting Serenity" Spiritual Recovery Ministry and "Soul Recovery" 12 Keys to Healing Dependence 12 Step & Spiritual Practice by Esther Nicholson** Beginning Thursday March 10th at 7pm (PT)

During the next 12 weeks, we will expand the study of the 12-Steps to include spiritual processes. Author Esther Nicholson states, **"Soul Recovery takes the essence of the 12-Steps and incorporates widely-accepted spiritual practices with a deeply compassionate approach."**

Please join us on **Thursdays at 7pm (PT)** as we delve into twelve weeks of recovery and spirituality. While this ministry is primarily for those who are in recovery and families whose lives have been touched by addiction, you do not have to be in recovery to be a part of The Everlasting Serenity Spiritual Recovery Ministry. **Please contact Rev. Karla Lightner for more information at (619) 218-6135 or revkarlalightner@gmail.com.**



Linda Burdett

## **Learning to Love Yourself - Two-part Workshop**

We are excited to announce these **two new workshops.** Both workshops will be in **Wrigley Hall from 10am until 2pm.** Please bring a bag lunch.

**On Saturday, March 26th 2022 Linda Burdett, our seminary intern** will present a four-hour workshop as we explore **Grief, Forgiveness and Boundaries** as tools to developing a deeper self-love and self-esteem.

The **second four-hour workshop will be Saturday, April 30th and cover topics of Service to God, Self and Others.** Linda has facilitated a **Love Yourself** support group for the past three years. She brings with her over 18 years of counseling in the recovery field and a deep understanding of Unity principles. Save the date, you don't want to miss this!

**Spaghetti Luncheon Fundraiser** - Please join us on **Sunday March 27th right after service** for a **Spaghetti Luncheon Fundraiser.** There will be fabulous food, a silent auction, raffle, and opportunity drawing.

**Donations are needed for our Silent Auction and Raffle** - If you have a special Spaghetti dish, we would love to feature your sauce as well. Proceeds will go to pay off motorized gate as needed, and to our general fund. **Please contact Rev. Karla at 619-218-6135 or revkarlalightner@gmail.com**

# Special Services for Holy Week 2022

Rev. Gretchen will lead the **Good Friday Watch Service** on **Friday, April 15th, from noon to 3pm in the sanctuary**. There will be a brief discussion of each of the Seven Last Words of Christ, followed by a period of silent meditation. This is a powerfully moving experience to prepare you for **Easter**. You may come at any time during the service and leave at any time; or you may stay for the entire program.

**Good Friday evening Service** - We invite you to join us for our **Good Friday evening service at 7pm**. This will be a solemn time for prayer, music, contemplation and silence. There you will explore the inner process of transformation in our preparation for awakening on **Easter**.

**Easter** - You are invited to join us **Sunday, April 17th** for this celebration of the awakening to a new beginning. We will have a flower ceremony for us to see in a visual way how it takes all of us to awaken together.



Rev. Gretchen

## Arts & Crafts Group

The Arts & Craft group meets on the 2nd and 4th Mondays 10am-12pm on the 4th floor of the Tower. Everyone is welcome. We enjoy making crafts and the church benefits from our efforts. Please come and join us! For more information contact Pat Case (619)462-7928.

**Arts & Crafts St. Patrick's Day Sale** - The Arts & Craft Group will be having a **St. Patrick's Day & Easter Mini Sale on Sunday March 13th from 11am-12pm in Wrigley Hall**. We will be featuring scarves, jewelry, wreaths, table runners and decorations, greeting cards, novelty items and more.

**Arts & Crafts Easter Mini Sale** - The Arts & Craft Group will be having an **Easter & Spring Mini Sale on Sunday April 3rd, from 11am-12pm in Wrigley Hall**. We will be featuring scarves, jewelry, wreaths, table runners and decorations, greeting cards, novelty items and more.

## Tenant Update by Rev. Karla Lightner, Senior Associate Minister

**Tai Chi Moving for Better Balance Classes** - The last day for Tai Chi is **March 11th**. We are sad to see our Tai Chi class go, however their current funder is requiring them to move to a new community with each class cycle.

**A Course in Miracles (ACIM)** Meets in-person on **Sunday mornings at 9am on the third floor of the tower, and on Zoom**. Hybrid learning is the new way to learn and what a blessing it is that ACIM is willing and eager to expand.

**City Heights Music School (Youth Philharmonic Orchestra and Mariachi Victoria)** is on campus and on zoom Monday-Saturday teaching piano, guitar, violin, singing and drums. The International Academy for Jazz San Diego is holding classes on Saturdays in St. Luke's Chapel and the second floor.

**Al-Anon:** Our Spanish-speaking Al-Anon group continues to meet **on the east side of the second floor of the tower on Tuesday and Thursday evenings at 6:30pm**. What a blessing it is to have them with us!

**C.A.F.E. Grupo:** Our Spanish-speaking 12 step family support group is meeting regularly on **Monday and Friday nights from 6:30-9:30pm on the east side of the second floor**.

**Heartland House:** To date, our men's recovery program has not returned to in-person meetings. However, they are still planning to return here as soon as they can. Once approved, they will be meeting **Friday, Saturday and Sunday nights from 6:30-8:30pm, on the east side of the third floor of the tower**.

**Save-a-Life Educators:** **CPR and First-Aid are taught in-person in Wrigley Hall on the first and third Saturdays of each month**. We are doing our part to help essential workers stay certified. Thank you, God!!!

**Feeding San Diego** - Food Distribution is the **4th Tuesday of each month**. Come volunteer along with Head Start to help provide nutritious food to our neighborhood community. The food truck arrives **around 12:30pm and food is handed out from 2-3pm**.

# Thank You to our Sacred Servers

by Kathy Davis



Billiekai Boughton  
and Chris Blanchard

As we start fresh in the new year following our Annual Meeting and new Board Member elections, I want to say **“Thank You”** to each for your willingness to serve for this next one or three-year term. We welcome the ways you will uniquely contribute and make a difference - **AND, a big “Thank You”** to those members who have just completed their terms of service – **we appreciate you!**

Speaking of those who serve, in this issue I want to acknowledge the unique contributions of three people in particular. I do want to diminish the hard work of Revs. Edith and Karla in any way for their completing application processes for grants. I would like everyone to know that thru this pandemic **Alison Fendrick**, our bookkeeper who researched for us, and **Billiekai Boughton**, due to her years of work with nonprofits, each provided invaluable information about grants available for our church to access. Even with spending cutbacks,

qualifying for these grants has kept our church from depleting its capital reserves due to reduced income.

Financially, Alison and Billiekai, your pro-active natures as well as state and federal resources kept us afloat by guiding our ministers thru their application work to access funding.

Technologically (and physically), **Chris Blanchard’s** skills and willingness to physically be present, week after week for 20 months consecutively, provided the visual and auditory “umbilical cord” by which our congregation was able to be spiritually fed together weekly. In addition, you have trained both Bob and Philiph to ensure our needs are met when you are not here.

Beyond our inability to attend and experience church services in person, many businesses were closed, restricted or went under completely, and many jobs were lost during this period. The financial impact has been hard here and on places of worship throughout the country. Gratefully, due in large part to these three special people, as well as many others, we’re still here and positively looking to move forward stronger and reaching a broader online and in-person audience than ever before.

Thank you **Alison, Billiekai and Chris** for your work in supporting our church family!  
Kathy Davis, Sacred Service Coordinator



Alison Fendrick

## Memorials



Neal Macurda

**Neal Macurda** - The celebration of life for Neal was on Saturday, February 26th at the East San Diego Masonic Lodge in San Diego. Rev. Blair Tabor performed the service. For those who remember Neal and his first wife Julie, they both were licensed Unity teachers and longtime members and volunteers. Later Neal married Betty who was a member of our church. Blair married them at the end of church service. We were blessed to know these three loving and caring people and were lucky to have them in our lives.

**Rebecca Coiner** made her transition this February 12th. Rebecca was a long time member of the church and staff member for many years and worked as a prayer worker, receptionist, bookstore manager, volunteer coordinator and operations assistant. Her Celebration of Life was March 5th, 2022 at Unity San Diego led by Rev. Gretchen Peña. We will miss you Rebecca.



Rebecca Coiner

# Greetings from the ABC Board!

At the church's recent **Annual Meeting**, some questions arose about ABC's ownership of neighboring properties and the revenue-generating benefit to the church from those properties. Due to the length of the meeting, I thought this might be the best place for sharing or clarifying information with the majority of members, so here goes.

Our church at one time owned the apartment building next door and the two single family residences across the street bordering our large parking lot. Our founding minister, Rev. Bob Stevens, purchased those properties with plans to someday establish a Unity West Seminary, with those units providing housing for the ministerial students and staff; however, that plan never came to fruition. As years passed, to protect the church from potential liability (i.e., the church being pulled into litigation by a tenant), a separate corporation was established to take over ownership and responsibility for these properties.

ABC stands for Altadena Blessing Corporation, a 501c(3) nonprofit California Public Benefits Corporation set up by the church to take over their ownership. At that time, the corporation's mission was clearly set forth to provide "affordable housing" (not "low income" housing) for our region, through these and potentially other future properties. In essence, we're carrying out the church's mission of community service.

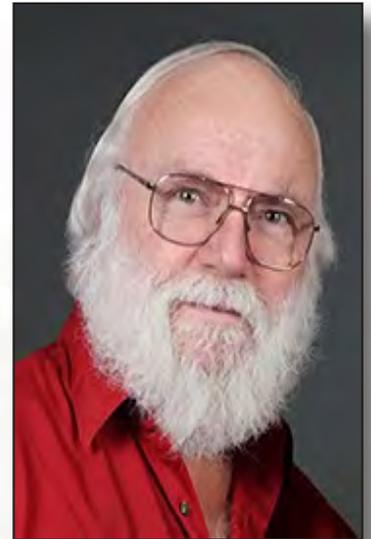
There was never a stipulation that ABC financially support Christ Church Unity/Unity San Diego – indeed, to do so would jeopardize our tax-exempt status. Our mission is to provide and maintain more affordable housing. However, upon receipt of a monthly written request, ABC has provided \$4,000 per month to support our church, and \$6,000 per month in 2020. We have, on many occasions over the years, also provided all or matching funds for various Wish-List needs of the church.

In the past, our board members were required to be active members of Unity San Diego, as all current members are, but we have in recent years changed the by-laws to allow us to welcome other community members who have experience and expertise in areas that will benefit our work and mission fulfillment.

We are currently obtaining bids related to a potential property purchase for development, and will keep you informed as things unfold.

**If anyone would like further information or clarity, please don't hesitate to contact me or anyone on the board: myself, Michael Barry, Gerry Kowalski or Kathy Davis.**

Blessings to all,  
Robert Case,  
President, ABC Board of Directors



Rob Case

**Morning Prayer & Meditation on our Facebook page Monday-Friday at 9am**  
**Prayer Ministry Monday-Friday from Noon-5pm at (619)282-7609**  
**Prayer Request - Send e-mail to [prayerministry@unitysandiego.org](mailto:prayerministry@unitysandiego.org)**  
**Daily Silent Unity hours - 3am-11pm call (816)969-2000**  
**Daily Word Line - call (619)281-LOVE (5638)**  
**ePrayer Signup at <https://www.unitysandiego.org/enews>**  
**or by email at [emailprayer-request@unitysandiego.org](mailto:emailprayer-request@unitysandiego.org)**  
**Sign up there for ePrayer, weekly eNews and bi-monthly Faith for Today**

# March-April 2022 Weekly Events - Everyone Welcome!

## SUNDAY

**A Course in Miracles** at 9am (PT) on the  
3rd floor of Tower and on \*Zoom

**Church Services** 10am (PT) in person and on Facebook Live

**Deepening Your Prayer Experience with Rev Gretchen**  
Sundays, thru March 20th 11:30am-1pm (PT)  
3rd floor of Tower and on \*Zoom

**Fellowship after church** at 11am-1pm (PT) in Wrigley Hall

**Youth & Family Ministry** in person at church 10-11am

**Sunday Healing Service**  
March 20th and April 24th at 1pm (PT)  
in person in St. Luke's Chapel and on \*Zoom

*\*For Zoom sign on info,  
contact Rev. Karla  
at 619-218-6135  
or revkarlalightner@gmail.com.*

## MONDAY-FRIDAY

**Morning Prayer & Meditation**  
at 9am on our Facebook page

## MONDAY

## TUESDAY

**Basic Truths Class** thru March 8th  
Tuesdays at 11am (PT) on \*Zoom

**Feeding San Diego** 4th Tuesday at 1pm (PT)  
in the Large Parking Lot

## WEDNESDAY

**Prayer Ministry Meditation** at 11am (PT)  
on the 2nd Wednesday on Facebook Live

## THURSDAY

**Everlasting Serenity Spiritual Recovery Ministry**  
at 7pm (PT) on \*Zoom

## SATURDAY

**Learning to Love Yourself Workshops - 2 Sessions**  
March 26th and April 30th from 10am-2pm

## Scrip / Gift Cards

**You can help raise money for Unity San Diego** by buying scrip from your phone. There are 250 companies that will send them directly to you or your family. The other 500, you can prepay for by the 15th of the month, and we will get them to you by the 20th of every month.

If you already have the **ShopwithScrip** app, it is easy to transfer your account to the new **RaiseRight** app. Just go to your app store and get the free app. All your information remains the same. RaiseRight keeps track of your reloadable balances, and it is easy to reload many of those cards. They keep you aware of bonus scrip and you can raise even more for Unity. If you do not have the ShopwithScrip app, just go to your app store and get the free RaiseRight app. You must use the Unity San Diego enrollment code: **93EE352D959** to ensure the donation goes to our church. Then fill in all your personal information and credit info so you can order directly. They let you know which are directly mailable and which ones must be sent to the church.

**If you have any questions, please feel free to email Monica at [unitysandiego@gmail.com](mailto:unitysandiego@gmail.com) or give her a call at (619)280-2501, ext 102.**

## Did You Know?

A gift to our church of appreciated stocks, mutual funds or other property, could be a great tax advantage to you. If you are interested, please contact the church office at (619)280-2501, ext.102 or at [unitysandiego@gmail.com](mailto:unitysandiego@gmail.com). Your request will be directed to our **Board President, Amy Lint**.

If you plan to include our church in your estate, or on a deed of trust, insurance or any other vehicle, please use the full legal name and address of our church: **Christ Church Unity, San Diego, 3770 Altadena Ave., San Diego, California 92105.**

**If you would like to receive Daily ePrayers, Weekly eNews  
and/or the Bi-monthly Faith for Today Newsletter**

sent to your email, sign up on our website  
at <https://www.unitysandiego.org/email>.

Unity San Diego | 3770 Altadena Ave | San Diego, CA 92105



# Sunday Lessons



**March / April 2022**

Sunday Services at 10am In-Person at the church  
and on our Facebook Page at [www.facebook.com/unitysandiego](http://www.facebook.com/unitysandiego)

## March

- March 6    The Spirit of Wisdom
- March 13    Discover, Master and Release
- March 20    The Wisdom to Listen  
              - Linda Burdett, our seminary intern
- March 27    The Power of Affirmative Words - Rev. Karla

## April

- April 3        Love Beyond Borders
- April 10        Carrying the Christ  
              - Linda Burdett, our seminary intern
- April 17        Walk in the Light - Easter
- April 24        Love Matters Most - Rev. Karla

## Special Services

Good Friday Service – April 15th

Unity San Diego - a Spiritual Community



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**Senior Minister**  
**Reverend Edith**  
**Washington-Woods**

**Senior Associate Minister**  
**Reverend Karla Lightner**



**3770 Altadena Avenue**  
**San Diego, CA 92105**

**Sunday Service 10am**  
**Church Offices: (619)280-2501**  
**Prayer Ministry: (619)282-7609**  
**Daily Word Line (619)281-LOVE (5683)**  
**PrayerMinistry@UnitySanDiego.org**  
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**Daily Word Line: (619)281-LOVE (5683)**  
**Church Email: [unitysandiego@gmail.com](mailto:unitysandiego@gmail.com)**  
**Prayers: [PrayerMinistry@UnitySanDiego.org](mailto:PrayerMinistry@UnitySanDiego.org)**

**Please Note:**

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