

# FAITH FOR TODAY

## UNITY SAN DIEGO



# FROM THE MINISTER'S HEART

REV. KARLA LIGHTNER

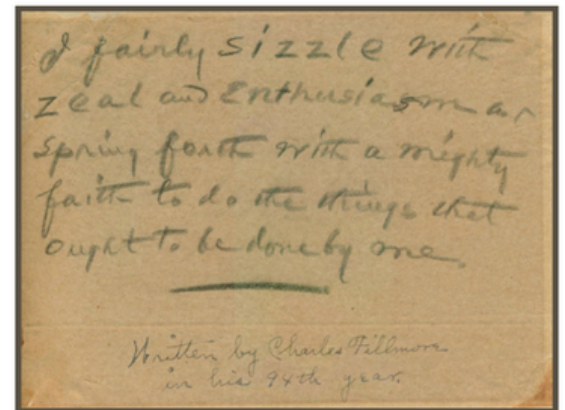
Happy New YOU!

**"Vibrantly Alive in 2025"**- this will be our mantra as we enter the new year with zeal and vitality. Unity co-founder Charles Fillmore vibrantly stated at the age of 94:

***"I fairly sizzle with Zeal and enthusiasm and spring forth with a mighty faith to do the things that ought to be done by me."***

The Bible agrees about doing things with wholehearted joy in Matthew 5:12 where it says:

***"Rejoice and be glad..."***



We came so far in 2024, and we have so much to be grateful for. Let's manifest faith over fear, fun, fellowship and abundance as we enter 2025 vibrantly alive.

Love and Bountiful Blessings!

*Karla*

# A LETTER FROM OUR BOARD MEMBER

**Happy New Year to you, my Fellow Sparks of Divinity,**

At the turning of the year, I look upon the paths I've taken to bring me to this point in time. The ups and downs. The smooth and rocky ways. Every path I've chosen has led me to where I am. I'm truly grateful to be here.

I challenge you to examine the past year to notice the growth in your life. We all grow in different ways and at different speeds, so don't compare yourself with anyone else but you. For me, I have realized that I have grown as a leader and a spiritual being.



I will not be running for the board, also I am taking a few months off after the Annual Meeting to focus a bit more on myself. Having always cared for others, it's now my turn to care for myself. Thank you for all the support and love you've given me, but most importantly, for staying the course and having faith in your board.

As my official last letter to you as president, I want you to remember: We are vitally alive in 2025!

**Lots of Love – Maria Garcia**

*2024 Unity San Diego Board Members*



## BUDGET 101 WITH SHERYL SABIN



Please join Board Treasurer Sheryl Sabin on **Sunday, January 26th at 12 noon** in St. Luke's Chapel as she takes us on a journey of money, budgets and the financial business of our church. For more information, please contact Sheryl at [harmony76@hotmail.com](mailto:harmony76@hotmail.com).

# YOUTH & FAMILY MINISTRY

## Hello Unity Family!

What a wonderful year we have shared together. As the year comes to a close I would like to Welcome Barb, Fiona, Jim, and Philip to the Youth Department. We also have a lot of fun activities planned for next year. Check out what is coming up and our new class schedule below. Thank you for all the wonderful love and support this year.

### Sunday Class Schedule

1st Sunday	2nd Sunday	3rd Sunday	4th Sunday	5th Sunday
<b>Together</b>	<b>Split</b>	<b>Service</b>	<b>Split</b>	<b>Together</b>
Everyone together in The Clubhouse with Ms. Lauren & Philip Possible Volunteer	Unikids: Ms. Lauren & Philip Uniteens/YOU: Barb & Fiona or Jim Possible Volunteers	Everyone in service, kids can either sit with Ms. Lauren or their families coloring supplies will be offered	Unikids: Ms. Lauren & Philip Uniteens/YOU: Barb & Fiona or Jim Possible Volunteers	Everyone together in The Clubhouse with Ms. Lauren & Volunteer for games or outside time



## THE CLUBHOUSE

### UPCOMING EVENTS

<b>JANUARY 11</b>	<b>CHOLLAS LAKE HIKE/PICNIC</b> OPEN TO ALL AGE GROUPS 10:00 AM-1:00 PM
<b>FEBRUARY 15</b>	<b>PARENTS NIGHT OUT MOVIE</b> IN THE CLUBHOUSE OPEN TO ALL AGE GROUPS 6:00 PM- 8:30 PM COST \$5 PER KID 4 PIZZA DINNER
<b>MARCH TBD</b>	<b>SECOND HARVEST FOOD BANK</b> *UNITEENS/Y.O.U MORE INFORMATION TO COME
<b>APRIL 5</b>	<b>FAMILY GAME NIGHT/POTLUCK</b> OPEN TO ALL AGE GROUPS 5:00 PM- 8:30 PM
<b>APRIL 25-27</b>	<b>UNITEEN/Y.O.U SPRING RALLY</b> STAY TUNED FOR MORE INFORMATION ABOUT THIS EVENT PLEASE CONTACT MS. LAUREN FOR MORE INFORMATION ABOUT ANY OF THESE EVENTS OR IF YOU WOULD LIKE TO HELP VOLUNTEER. YFMUNITY@GMAIL.COM



# SPANISH SPEAKING MINISTRY

Unity San Diego's Spanish-speaking Ministry will begin the study of:

## “Creciendo en Prosperidad”

Únase a nosotros en Zoom los jueves a las 6:00 p. m. a partir del 9 de enero. Para obtener más detalles y el enlace de Zoom, envíe un correo electrónico a [unitysdespanol@gmail.com](mailto:unitysdespanol@gmail.com)



Amados hermanos en la Luz. Es un placer para nosotros informarles que el curso “4T, Creciendo en Prosperidad”, también está disponible en la versión en español. Demás está decir lo importante que es este material a la hora de despertar la conciencia de prosperidad y diezmo en todo sentido en los congregantes de nuestra organización. Personalmente puedo ratificar que el cambio y crecimiento obtenidos no tienen parangón con ningún otro curso que hayamos ofrecido.

# "EVERLASTING SERENITY" SPIRITUAL RECOVERY MINISTRY

We will continue our study of the Book:  
*"Blisstacular Life Makeover Hit the Rest Button:  
Redesign Your Life from Drab to Fab"*

By: Holly Reville

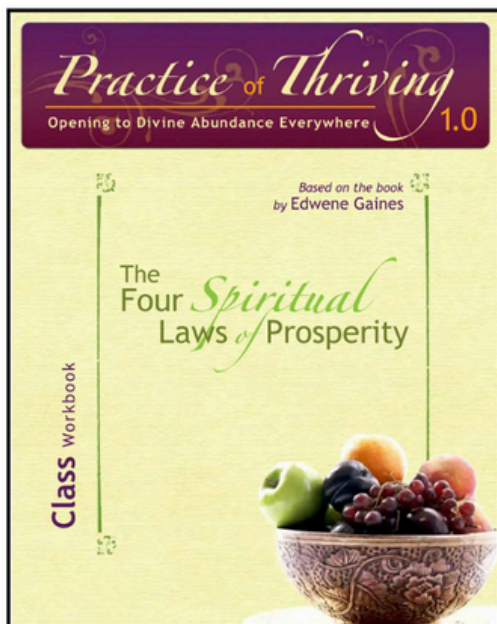
For More info & the zoom Link:

Call: (619) 218-6135

Email: [everlastingserenityusd@gmail.com](mailto:everlastingserenityusd@gmail.com)



## SMALL GROUPS



*Practice of Thriving-  
Opening to Divine Abundance Everywhere*

Begins February 9th, 2025

-Wednesdays at 7pm ON ZOOM-  
with Rev. Karla Lightner

-or-

- Sundays at 11:30am on the 3rd Floor-  
with Rev. Gretchen Peña

Dates: February 9th, 26th & March 2nd, 9th

For More info & the zoom Link:  
Email: [revkarlalightner@gmail.com](mailto:revkarlalightner@gmail.com)

## GROWTH, DEVELOPMENT AND TRANSFORMATION FOR WOMEN-



*Rev. Tené is a Unity Minister and a past president of the American Businesswomen's Association. She is currently the CEO of Success Ocean International.*

Join Rev. Tené on Sunday, January 12th for an empowering mini workshop for women, where we'll explore life's challenges, share tools for overcoming frustration, and embrace joy and positive expectations.

# SPECIAL SERVICES

## *White Stone Sunday*

SUNDAY, JANUARY 5, 2024 AT 10AM (PT)

unity  
San Diego



EMBRACE NEW BEGINNINGS WITH OUR WHITE STONE RITUAL:

## *Vow Renewal*

FEBRUARY 9TH DURING OUR SUNDAY SERVICE

ALL COUPLES ARE INVITED TO ATTEND AND REAFFIRM THEIR LOVE AND COMMITMENT TO EACH OTHER IN THIS HEARTFELT, MEANINGFUL CEREMONY LEAD BY REV. GRETCHEN.

### PJ BOVE



ON JANUARY 12TH, JOIN US AS WE CELEBRATE AND THANK PJ, OUR TALENTED BASS PLAYER AND VOCALIST, FOR SIX INCREDIBLE YEARS WITH UNITY SAN DIEGO'S MUSIC TEAM. AS HE STEPS AWAY, WE WISH HIM ALL THE BEST!

# SUNDAY TALK TITLES

## JANUARY 2025

January 5 - "Vibrantly Alive in 2025" – Rev. Karla ( White Stone Sunday)

January 12 - "Living Inspired: Be Ye Transformed" – Rev. Stephen Kosmyna

January 19 - "The Beloved Community" – Rev. Ken Fendrick

January 26 - "Values Clarification" – Rev. Gretchen Peña

## FEBRUARY 2025

February 2 - "Shadows and Light" – Rev. Blair Tabor

February 9 - "Let It Go!" Rev. Karla – Vow's Renewal – Rev. Gretchen

February 16 - "Choosing Your Divine Purpose" – Rev. Karla

February 23 - "Dare to Dream" – Rev. Gretchen Peña

# PRAYER MINISTRY

Prayer Ministry

LEAVE A MESSAGE ANYTIME

(619) 282-7609

-OR-

EMAIL AT

[PRAYERMINISTRYUSD@GMAIL.COM](mailto:PRAYERMINISTRYUSD@GMAIL.COM)



# Annual Meeting

Sunday, February 23rd, at 1:00 pm (PT) ON ZOOM

We will be voting in 4 board members.

Voting members will receive the bios of each candidate.

Please contact Monica at [unitysandiego@gmail.com](mailto:unitysandiego@gmail.com) for more information and the zoom link.



**SUNDAY, JANUARY 19TH & FEBRUARY 16TH**  
**-AT 11:45AM IN WRIGLEY HALL-**



**All ages welcome!!!**

**WIN EXCITING GIFTS AND PRIZES - REUSABLE BINGO CARDS ARE \$10**  
**Bring a dish to SHARE for the Potluck!!**



**GIFT SHOP OPEN - AFTER THE SERVICE - JANUARY & FEBRUARY DATES TBD**

**DID YOU KNOW?** Planning your estate can save time and money for your heirs.

There are also several IRS approved ways to benefit our church and ensure that your heirs are taken care of. If you would like more information, please talk to Board Treasurer Sheryl Sabin. If you plan to include our church in your estate, or on a deed of trust, insurance or any other vehicle, please use the full name and address of our church:

**Christ Church Unity of San Diego: [3770 Altadena Avenue San Diego, CA 92105.](https://www.unitysandiego.org)**

Please note: The Information in this issue of Faith For Today is only current at the time of publishing. All classes and events are subject to chance without notice. For more accurate postings, please visit [www.unitysandiego.org](http://www.unitysandiego.org)

