

FAITH FOR TODAY

UNITY SAN DIEGO



FROM THE MINISTER'S HEART

REV. KARLA LIGHTNER

As we move into the Easter season, we are called to enter into a sacred journey of renewal and transformation. Our Easter theme this year is **“Awaken, Arise, Ascend!”**.

I invite you to celebrate this sacred time with us by attending our Good Friday services on April 18th. Each year we hold two special services on this sacred day.

Reverend Gretchen will be holding a Noon – 3pm - Watch Service in our sanctuary. “The Seven Last Words of Jesus” have long inspired people to find a deeper connection with God. Come join Reverend Gretchen for all or part of this meditative service. This will be in-person only.

Then at 7pm (PDT), in the sanctuary at Unity San Diego, we will combine with members of Unity Church of El Cajon to lead you on a Spiritual Journey of Holy Week. We will hold a communion service and have other meaningful activities. This service will be both in person and livestreamed.

Easter is on Sunday April 20th and will be a morning full of inspirational music and ceremony as we learn to, **“Awaken, Arise, Ascend!”**.

At our Easter service we will hold our third annual “Flowering of the Cross” as we each put a flower on the cross during the service to symbolize crossing out that which no longer serves us. As we bring forth flowers to adorn the cross, we offer visible testimony to our renewal. Each blossom represents a step in both our personal and our collective journey of spiritual awakening.

I invite all of you to attend our Easter Service in person if possible. If not, then please watch us online. A “Flowering of the Cross” activity will be included in my annual Easter letter so that you can be a part of our celebration if you are unable to join in person.

Wishing you all a joyous Easter, filled with love, light and joy.

Karla

A LETTER FROM OUR BOARD MEMBER

Beloved Unity Family,

I am deeply honored to have the privilege of serving as your Board President. Unity San Diego holds a sacred and cherished place in my heart. My home church, where I feel safe, welcomed, and spiritually connected.

I am profoundly grateful for the love and support of our church family, which continues to enrich my life. As we move forward together, I am excited to collaborate with our board and congregation to uplift and nurture our beloved church and wider community.

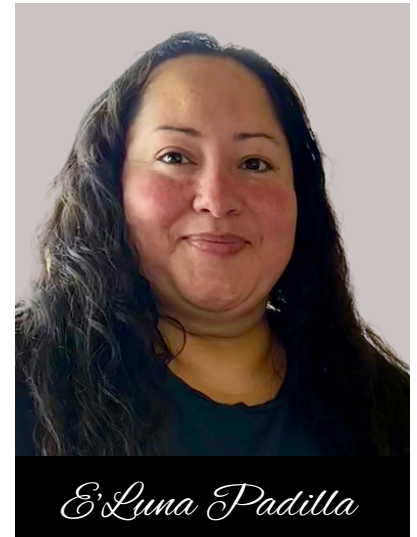
Together, I believe we can make a meaningful and lasting impact that radiates through our community and beyond. I am committed to leading with integrity, compassion, and dedication.

Thank you for this sacred opportunity to serve. I look forward to this beautiful journey together.

With love and abundant blessings,

Living Vibrantly Alive in 2025!

E'luna Padilla



2024 Unity San Diego Board Members - Thank You For Your Service



YOUTH & FAMILY MINISTRY

Hello Unity Family!

Miss Lauren

Can I just say that I am so excited for where 2025 has brought us so far! When family and friends ask me what I love most about Unity the first thing that always pops into my mind is how we welcome in the New Year. Burning Bowl is my favorite service and then to follow it up with White Stone Sunday just adds to starting the year with a fresh perspective.



We started off the year welcoming Barb, Fiona, Jim and Philip to our Youth Department. Barb, Jim and Fiona work with our Uniteens and YOU'ers twice a month. Philip and I work with the Unikids each Sunday in the clubhouse. Being able to split up the age groups has helped give our teens the space they need to explore what Unity means to them as they are transforming into young adults.

On the 1st Sunday of the month, we are all together as one big group in The Clubhouse. On the 3rd Sunday of each month all the Unikids will be in The Clubhouse, and the Uniteens and YOU'ers will be spending their time in Sunday Service as part of the congregation. My goal with having our teens in service is that they will branch out, make wonderful, wise new friends and that they will feel a part of our larger Unity San Diego community.

We have some upcoming events: On April 5th we will be having a Family Game Night/ Potluck in The Clubhouse. This is open to everyone, so if you would like to hang out and play games and eat some good food, we look forward to seeing you.

April 11-13 is Official Rally for all the Uniteens and YOU'ers in the Southwest Unity Region. This event will be hosted by Unity of Tustin. All who are attending from our church are looking forward to spend time with the friends they made at camp and at Fall Rally in November.

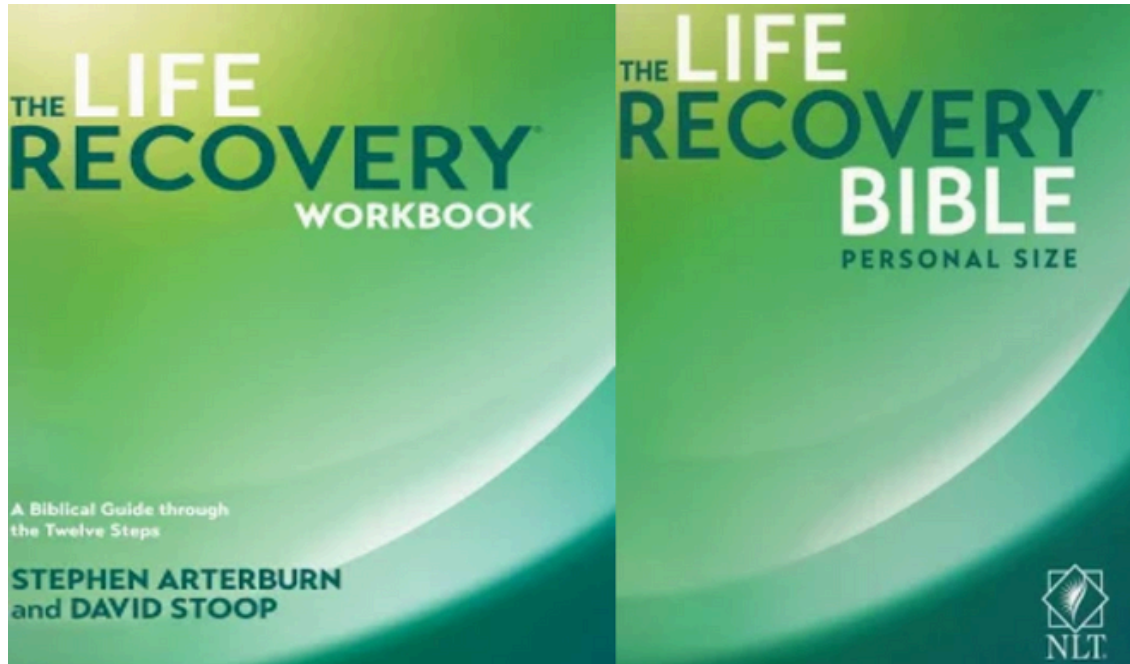
I can't wait to see what the year holds for us!



EVERLASTING SERENITY

SPIRITUAL RECOVERY MINISTRY

*Please join us on Thursdays beginning March 6th at 7pm (PT) on zoom
As we use guided questions, personal recovery stories and the scriptures to
walk through the 12 steps with the God of our understanding.*



While this ministry is primarily for those who are in recovery and families whose lives have been touched by addiction you do not have to be in recovery to be a part of Everlasting Serenity Spiritual Recovery Ministry.

PLEASE CONTACT REV. KARLA LIGHTNER FOR MORE INFORMATION AND THE ZOOM LINK AT (619) 218-6135 OR EVERLASTINGSERENITYUSD@GMAIL.COM



SPANISH SPEAKING MINISTRY



Our Spanish Speaking Ministry is important because it fosters inclusivity ensuring that Spanish speaking congregants feel welcomed, heard, and spiritually nourished.

In a diverse church like Unity San Diego, having a Spanish Speaking Ministry helps bridge language and cultural gaps. This allows people to connect more deeply with our teachings and to our church. It also helps us to reach more people in the community.

We currently have congregants who attend Unity San Diego in person and online on Sundays as well as attending our online small groups throughout the week.

Unity San Diego's Spanish-speaking Ministry will continue the study of: "Creciendo en Prosperidad"

Únase a nosotros en Zoom los jueves a las 6:00 p. m. Para obtener más detalles y el enlace de Zoom, envíe un correo electrónico a unitysdespanol@gmail.com



Amados hermanos en la Luz. Es un placer para nosotros informarles que el curso "4T, Creciendo en Prosperidad", también está disponible en la versión en español. Demás está decir lo importante que es este material a la hora de despertar la conciencia de prosperidad y diezmo en todo sentido en los congregantes de nuestra organización. Personalmente puedo ratificar que el cambio y crecimiento obtenidos no tienen parangón con ningún otro curso que hayamos ofrecido.

(hasta el 27 de marzo)

In addition to this prosperity course our ministry will be studying the Unity Worldwide Headquarters Booklet:

Cuaresma 2025: En el huerto

Saturday at 5pm (PDT)
March 8- April 19, 2025

For more details and the zoom link, please email unitysdespanol@gmail.com



SPECIAL SERVICES

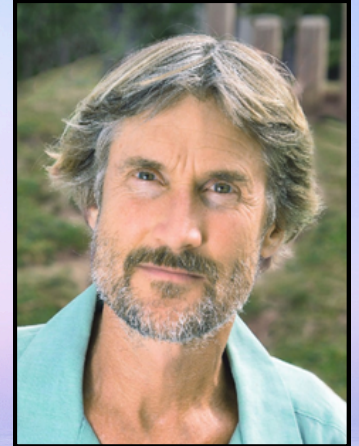
Sunday, April 6th at 10AM (PDT)

Guest Speaker And Workshop to Follow

*Join special guest speaker
at the service for his talk entitled:*

“AWAKENING YOUR INNER GENIUS”

*With acclaimed pianist, composer,
and author, Will Tuttle*



Workshop to follow in Wrigley Hall at 12PM - \$20 Love Offering.

“OPENING THE INTUITIVE GATE”

*Uplifting, philosophical, musical, and both challenging and reassuring,
this is a workshop that can change lives, as we invite spirit to work its
wonders on the ultimate frontier: the human heart.*

Friday, April 18th at 12PM & 7PM

Good Friday Service With

THE LAST SEVEN WORDS OF JESUS

*Watch Service “The Seven Last Words of Jesus” have long
inspired people to find a deeper connection with God. Come join
Reverend Gretchen for all or part of this meditative service.*

EVENING SERVICE & HOLY COMMUNION

*Please join us in our sanctuary as we hold a meaningful
service and Holy Communion.*

Easter Sunday Celebration

& FLOWERING OF THE CROSS CEREMONY

Sunday, April 20th at 10AM (PDT)



After the service - All ages welcome!
Family Easter Egg Hunt



SUNDAY TALK TITLES

MARCH 2025

March 2 - "Dare to Prosper" – Rev. Gretchen Peña

March 9 - "With A Little Help From My Friends" – Rev. Ken Fendrick

March 16 - "Let It Go, Let It Flow" – Rev. Karla Lightner

March 23 - "Answering Our Divine Callings" – Rev. Karla Lightner

March 30 - "Imagine That" – Rev. Gretchen Peña (Communion Service)

APRIL 2025

April 6 - "Awakening to Your Inner Genius" – Dr. Will Tuttle
- Workshop "Opening the Intuitive Gate" – 2 hrs.

April 13 - "Who Is This?" – Rev. Gretchen Peña (Palm Sunday)

April 20 - "Awaken, Arise, Ascend!" – Rev. Karla Lightner (Easter)

April 27 - "Amazing Grace" – Rev. Gretchen Peña

PRAYER MINISTRY

Prayer Ministry

LEAVE A MESSAGE ANYTIME
(619) 282-7609

-OR-

EMAIL AT

PRAYERMINISTRYUSD@GMAIL.COM



EVENTS & ACTIVITIES

CALLING ALL LADIES!



TO THE ANNUAL MOTHER'S DAY TEA VOLUNTEER MEETING!

Let's work together and create a fabulous Mother's Day Tea! Our Annual Mother's Day Tea is our largest and most special fundraiser of the year!

If you would like to be a part of bringing this event to life please join us on **Sunday, March 2nd after the service in Wrigley Hall.**

We will be sharing ideas, choosing a theme and discussing details to make this the most magical event ever!

The Tea is such a meaningful event and it wouldn't be possible without our amazing ladies of Unity San Diego. Hope to see you there!

BINGO & Potluck

**Sunday, March 16th
-At 11:45am in Wrigley Hall-**



All ages welcome!!!

**Win exciting gifts and prizes - Reusable Bingo Cards are \$10
Bring a dish to SHARE for the Potluck!!**



GIFT SHOP OPEN - AFTER THE SERVICE - MARCH 23 & APRIL 6 & 13

DID YOU KNOW?

Planning your estate can save time and money for your heirs.

There are also several IRS approved ways to benefit our church and ensure that your heirs are taken care of. If you would like more information, please talk to Board Treasurer Sheryl Sabin. If you plan to include our church in your estate, or on a deed of trust, insurance or any other vehicle, please use the full name and address of our church:

Christ Church Unity of San Diego: [3770 Altadena Avenue San Diego, CA 92105.](#)

Please note: The Information in this issue of Faith For Today is only current at the time of publishing. All classes and events are subject to change without notice.
For more accurate postings, please visit www.unitysandiego.org